



— SEIT 1924 —

**RESCH & FRISCH**

AM LIEBSTEN IMMER

# Product information

## Gluten-free baking mix

Gluten free baking mix, frozen

Article number **1070167**

Units per carton **9**

Net weight of the filling: **620 g**

Carton **mini box**

Resch&Frisch Holding GmbH  
Schloßstraße 15  
A-4600 Wels  
Österreich



### Product description

Boredom is a thing of the past in the bread basket and at the breakfast buffet with this gluten-free cake and pastry mix. Buns and seedy bread rolls as well as the tasty Pomeranian pumpkin seed rolls and a variety of bread provide for change in a gluten-free and well-balanced diet.

gluten-free  
lactose-free

### Preparation

Baking time in the foil without steaming: Pastries 8 mins., Bread 5 mins. (leave to stand for 5 mins.)

### Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

### Ingredients

gluten-free WHEAT STARCH, water, SOYA FLOUR, pumpkin seeds, yeast, sunflower seeds, rice flour, linseed, salt, quinoa, psyllium seed husk, buckwheat, rapeseed oil, carrots, SESAME, thickener: hydroxypropylmethylcellulose, sugar, dried gluten-free rice sourdough, lactose-free SKIMMED MILK POWDER, pumpkin oil, pre-gelatinised rice flour, colouring: sulphite ammonia caramel colour, spices.

### Nutritional values per 100g

Energy .....	1.067 kJ
Energy .....	255 kcal
Fat .....	6,1 g
of this saturated fatty acids :	0,8 g
Carbohydrates .....	44 g
of this sugar .....	1,1 g
Roughage .....	4,0 g
Protein .....	5,0 g
Salt .....	1,20 g

### Allergens

Milk, Sesame, Soya

### traces possible

contains no

Milk fat content .....: 0,0 g

### Additives subject to declaration (according to ZZuIV)

Colourings

### Minimum durability at -18°

182 Days

### Property sheet

Gluten-free, Lactose-free,  
Vegetarian

"The products can be subject to recipe changes.



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# Product information

## Gluten free bread mix, cut

Gluten-free bakery products, frozen

Article number **1070127**

Weight per unit 35 g Units per carton 16  
Net weight of the filling: 1120 g  
Carton mini box

Resch&Frisch Holding GmbH  
Schloßstraße 15  
A-4600 Wels  
Österreich



### Product description

For breakfast, lunch or for dinner with salad, soup or cheese- bread offers variety. The gluten-free bread mix, cut consists of two tasty types: The classic gluten-free ginger bread with a hearty crust and the gluten-free fitness bread with sunflower seeds, pumpkin seeds, linseed, carrots and sesame. 2 slices of the same type are packaged in baking foil.

### Preparation

Foil baking time without humidifying: 5 min.  
Finishing baking: 5 minutes

### Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

### Ingredients

Gluten free fitness bread: gluten-free WHEAT STARCH, water, sunflower seeds, SOYA FLOUR, carrots, pumpkin seeds, yeast, linseed, salt, dried gluten-free rice sourdough, psyllium seed husk, rice flour, pre-gelatinised rice flour, colouring: sulphite ammonia caramel colour, SESAME, sugar, thickener: hydroxypropylmethylcellulose, cumin, fennel, coriander, anise.  
Gluten free gingerbread: gluten-free WHEAT STARCH, water, SOYA FLOUR, yeast, dried gluten-free rice sourdough, psyllium seed husk, salt, sugar, fennel, anise, coriander, pre-gelatinised rice flour, thickener: hydroxypropylmethylcellulose, rice flour. May contain traces of SESAME ..

### Nutritional values per 100g

Energy .....	985 kJ
Energy .....	234 kcal
Fat .....	3,5 g
of this saturated fatty acids :	0,5 g
Carbohydrates .....	46 g
of this sugar .....	1,5 g
Roughage .....	3,2 g
Protein .....	4,1 g
Salt .....	1,51 g

### Allergens

Sesame, Soya

### traces possible

contains no

Milk fat content .....: 0,0 g

### Additives subject to declaration (according to ZZuIV)

Colourings

### Minimum durability at -18°

182 Days

### Minimum dimensions in cm

Minimum length .: 9,0  
Minimum width .: 8,7  
Minimum height .: 1,0

### Property sheet

Gluten-free, Lactose-free, Vegan, Vegetarian

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# Product information

## Gluten free bread roll mix

Gluten free baking mix, frozen

Article number **1070124**

Units per carton 12

Net weight of the filling: 900 g

Carton mini box

Resch&Frisch Holding GmbH  
Schloßstraße 15  
A-4600 Wels  
Österreich



### Product description

The perfect mixture: Consisting of the rustic gluten-free pumpkin seed roll with fine pumpkin seed oil in the dough and attractive pumpkin seed topping and the gluten-free grain roll which contributes to good nutrition with linseed, sesame and sunflower seeds. Our gluten-free baked goods are hand-made of gluten-free wheat starch in a separate production site and preserved gently in deep freeze. Absolute product safety is guaranteed because the products are packaged individually in baking foil.



### Preparation

Baking time without steaming: 8 minutes

### Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

### Ingredients

Bread roll with pumpkin seeds: gluten-free WHEAT STARCH, water, pumpkin seeds (12%), SOYA FLOUR, yeast, salt, psyllium seed husk, pumpkin oil (1%), rapeseed oil, thickener: hydroxypropylmethylcellulose, rice flour, caramelised sugar syrup, colouring: sulphite ammonia caramel colour. May contain traces of SESAME .. seed roll: water, gluten-free WHEAT STARCH, linseed, quinoa, sunflower seeds, buckwheat, SOYA FLOUR, yeast, rapeseed oil, salt, thickener hydroxypropylmethylcellulose, psyllium seed husk, sugar, rice flour, SESAME, caramelised sugar syrup.

### Nutritional values per 100g

Energy .....	1.136 kJ
Energy .....	273 kcal
Fat .....	8,4 g
of this saturated fatty acids :	1,1 g
Carbohydrates .....	43 g
of this sugar .....	1,0 g
Roughage .....	4,5 g
Protein .....	6,0 g
Salt .....	1,10 g

### Allergens

Sesame, Soya

### traces possible

contains no

Milk fat content .....: 0,0 g

### Additives subject to declaration (according to ZZuIV)

Colourings

### Minimum durability at -18°

182 Days

### Property sheet

Gluten-free, Lactose-free, Vegan, Vegetarian

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# Product information

## Glutenfree kaiser bun

Gluten free bread, frozen

Article number **1070129**

Weight per unit 60 g Units per carton 11

Net weight of the filling: 660 g

Carton mini box

Resch&Frisch Holding GmbH  
Schloßstraße 15  
A-4600 Wels  
Österreich



### Product description

The favourite product for breakfast or in the bread basket - the classic wheat product as gluten-free version. Our gluten-free baked goods are hand-made of gluten-free wheat starch in a separate production site and gently preserved in deep freeze. Absolute product safety is guaranteed because the products are packaged individually in baking foil.



### Preparation

Foil baking time without humidifying: 8 minutes

### Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

### Ingredients

gluten-free WHEAT STARCH, water, SOYA FLOUR, rice flour, baker's yeast, salt, psyllium seed husk, rapeseed oil, lactose-free SKIMMED MILK POWDER, thickener: hydroxypropylmethylcellulose, sugar. May contain traces of SESAME ..

### Nutritional values per 100g

Energy .....	1.018 kJ
Energy .....	241 kcal
Fat .....	2,7 g
of this saturated fatty acids :	0,3 g
Carbohydrates .....	49 g
of this sugar .....	1,5 g
Roughage .....	3,3 g
Protein .....	3,5 g
Salt .....	1,29 g

### Allergens

Milk, Soya

### traces possible

Sesame

Milk fat content .....: 0,0 g

### Additives subject to declaration (according to ZZuIV)

contains no

### Minimum durability at -18°

182 Days

### Minimum dimensions in cm

Minimum length .: 9,5  
Minimum width ..: 9,0  
Minimum height .: 3,5

### Property sheet

Gluten-free, Lactose-free,  
Vegetarian





# Product information

## Gluten-free cruller

Gluten-free cruller, frozen

Article number **1070171**

Weight per unit 120 g Units per carton 8

Net weight of the filling: 960 g

Carton mini box

Resch&Frisch Holding GmbH  
Schloßstraße 15  
A-4600 Wels  
Österreich



### Product description

A fluffy, classic cruller filled with apricot jam, and completely gluten-free. Now even those suffering with coeliac disease can enjoy our crullers at carnival time.

gluten-free  
lactose-free

### Preparation

Baking time in the foil without steaming: 15 minutes

### Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

### Ingredients

gluten-free WHEAT STARCH, water, apricot jam (14%) (sugar, apricots (45%), glucose-fructose syrup, gelling agent pectin, acidifier citric acid), sugar, vegetable fat (palm), SOYA FLOUR, baker's yeast, EGG YOLK (3%), vegetable oil (sunflower), rice flour, thickener hydroxypropylmethylcellulose, psyllium seed, salt, lactose-free SKIMMED MILK POWDER, flavour. May contain traces of SESAME and PEANUTS ..

### Nutritional values per 100g

Energy .....	1.236 kJ
Energy .....	294 kcal
Fat .....	10 g
of this saturated fatty acids :	3,8 g
Carbohydrates .....	46 g
of this sugar .....	14 g
Roughage .....	3,6 g
Protein .....	3,5 g
Salt .....	0,96 g

### Allergens

Milk, Eggs, Soya

### traces possible

Peanuts, Sesame

Milk fat content .....: 0,0 g

### Additives subject to declaration (according to ZZuIV)

contains no

### Minimum durability at -18°

119 Days

### Minimum dimensions in cm

Minimum length .: 8,5  
Minimum width .: 8,5  
Minimum height .: 3,5

### Property sheet

Gluten-free, Lactose-free,  
Vegetarian



# Product information

## Gluten-free muffin mix

Resch&Frisch Holding GmbH  
Schloßstraße 15  
A-4600 Wels  
Österreich

Article number **1070204**  
Weight per unit 90 g Units per carton 16  
Net weight of the filling: 90 g  
Carton small box



### Product description

The demand for comestibles for special food needs has risen markedly over the past few years. Practically every restaurant owner is regularly faced with customer requests for gluten-free cakes and pastries. We offer a wide range of gluten-free products for your guests. These include the gluten-free muffin mix: Chocolate muffin and light muffin made from fluffy sponge mixture

### Preparation

Defrost for 60 minutes – cooking time: 6 minutes

### Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

### Ingredients

WHOLE EGGS, rapeseed oil, sugar, potato starch, modified corn starch, water, chocolate (5%) (sugar, cocoa mass, cocoa butter, cocoa powder, low fat, emulsifier: SOYA LECITHIN, vanilla flavouring), cocoa powder, salt, EGG WHITE POWDER, baking powder, cornflour, emulsifier: mono- and diglycerides traces of fatty acids, thickener (carboxymethyl cellulose, guar gum, xanthan gum), flavour. May contain traces of SESAME and LUPINE ..

### Nutritional values per 100g

Energy .....	2.101 kJ
Energy .....	512 kcal
Fat .....	32 g
of this saturated fatty acids :	4,1 g
Carbohydrates .....	51 g
of this sugar .....	26 g
Roughage .....	1,3 g
Protein .....	4,5 g
Salt .....	1,20 g

### Allergens

Eggs, Soya

### traces possible

Lupine, Sesame

Milk fat content .....: 0,0 g

### Additives subject to declaration (according to ZZuIV)

contains no

### Minimum durability at -18°

119 Days

### Minimum dimensions in cm

Minimum length .: 6,5  
Minimum width .: 6,5  
Minimum height .: 6,5

### Property sheet

Gluten-free, Lactose-free,  
Vegetarian, does not contain wheat

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# Product information

## Gluten free cake duo

Gluten free, sweet baking mix, frozen

Article number **1070236**

Weight per unit                    100 g            Units per carton            12  
Net weight of the filling:    1200 g  
Carton            mini box

Resch&Frisch Holding GmbH  
Schloßstraße 15  
A-4600 Wels  
Österreich



### Product description



### Preparation

Foil baking time without humidifying: 15 min.

### Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

### Ingredients

Linzer Slice: blackcurrant jam (18%) (sugar, red redcurrant (45%), humectants sorbitol, gelling agent pectin, acidifier citric acid, acidity regulator sodium citrate, stabiliser calcium citrate, preservatives potassium sorbate), EGGS, rapeseed oil, HAZELNUTS, sugar, starch, water, emulsifier: mono- and diglycerides traces of fatty acids, ALMONDS, cornflour, baking powder, EGG WHITE POWDER, salt, thickener (carboxymethyl cellulose, guar gum, xanthan gum), cinnamon, flavour. May contain traces of SESAME, SOYA and LUPINE ..  
Chocolate & cherry slice : EGGS, rapeseed oil, water, sour cherries (15%), sugar, starch, emulsifier: mono- and diglycerides traces of fatty acids, cocoa powder, baking powder, cornflour, EGG WHITE POWDER, modified starch, salt, thickener (carboxymethyl cellulose, guar gum, xanthan gum), lemon juice, flavour. May contain traces of SESAME, SOYA and LUPINE ..

### Nutritional values per 100g

Energy .....	1.714 kJ
Energy .....	416 kcal
Fat .....	26 g
of this saturated fatty acids :	2,6 g
Carbohydrates .....	41 g
of this sugar .....	23 g
Roughage .....	1,7 g
Protein .....	4,3 g
Salt .....	0,83 g

### Allergens

Eggs, Nuts

### traces possible

Lupine, Sesame, Soya

Milk fat content .....: 0,0 g

### Additives subject to declaration (according to ZZuIV)

contains no

### Minimum durability at -18°

84 Days

### Minimum dimensions in cm

Minimum length .: 9,8  
Minimum width .: 4,2  
Minimum height .: 4,5

### Property sheet

Gluten-free, Lactose-free,  
Vegetarian, does not contain wheat

"The products can be subject to recipe changes.



# Product information

## Gluten-free tea biscuits

Assorted gluten-free biscuits, frozen

Article number **1070226** PLU-Code: **732**

Weight per unit	480 g	Units per tray	1
Net weight of the filling:	480 g	Gramm je EH:	2880 g
Carton			

Resch&Frisch Holding GmbH  
 Schloßstraße 15  
 A-4600 Wels  
 Österreich



### Product description

A delicious and refined selection of Linzer Auge, light and dark Linzer Kipferl, Dotterstangerl, Nusstaler and wholegrain Haferkekse. Sweet indulgence, completely gluten-free.

### Preparation

Defrost for 30 minutes at room temperature.

### Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

### Ingredients

gluten-free WHEAT STARCH, sugar, vegetable fats and oils (palm, rape seed, sunflower in variable proportions), apricot jam (sugar, apricots (45%), glucose-fructose syrup, acidifier citric acid, gelling agent pectin, preservatives potassium sorbate), with cocoa icing (sugar, vegetable fats whole concentrated (Palm kernel  
 , coconut), low-fat cocoa, emulsifier SOYA LECITHIN, flavour), water, EGGS, #glutenfreies# WHOLE OAT FLOUR, SOYA FLOUR, blackcurrant jam (sugar, red redcurrant (45%), humectants sorbitol, gelling agent pectin, acidifier citric acid, acidity regulator sodium citrate, stabiliser calcium citrate, preservatives potassium sorbate), EGG YOLK, chocolate (sugar, cocoa mass, cocoa butter, cocoa powder, low fat, emulsifier SOYA LECITHIN, flavour), ALMONDS, NUT FILLING (sugar, palm oil, HAZELNUTS, cocoa powder strong defatted, vanille powder), HAZELNUTS, corn starch, grape sugar, vegetable fat whole concentrated (palm), cocoa powder, coconut, salt, flavour vanillin. May contain traces of MILK and SESAME ..

### Nutritional values per 100g

Energy .....	2.049 kJ
Energy .....	490 kcal
Fat .....	27 g
of this saturated fatty acids :	12 g
Carbohydrates .....	56 g
of this sugar .....	30 g
Roughage .....	2,2 g
Protein .....	5,5 g
Salt .....	0,16 g

### Allergens

Eggs, Nuts, Soya

### traces possible

Milk, Sesame

Milk fat content .....: 0,0 g

### Additives subject to declaration (according to ZZuIV)

Preservatives

### Minimum durability at -18°

364 Days

### Property sheet

Gluten-free, Lactose-free, Vegetarian

"The products can be subject to recipe changes.