



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Gluten-free baking mix

Gluten free baking mix, frozen

Article number **1070167**

Units per carton **9**

Net weight of the filling: **620 g**

Carton **mini box**

Product description

Boredom is a thing of the past in the bread basket and at the breakfast buffet with this gluten-free cake and pastry mix. Buns and seedy bread rolls as well as the tasty Pomeranian pumpkin seed rolls and a variety of bread provide for change in a gluten-free and well-balanced diet. gluten-free lactose-free

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Günskirchen
Österreich



Preparation

Baking time in the foil without steaming: Pastries 8 mins., Bread 5 mins. (leave to stand for 5 mins)

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

gluten-free WHEAT STARCH, water, SOYA FLOUR, pumpkin seeds, yeast, sunflower seeds, rice flour, linseed, salt, quinoa, psyllium seed husk, buckwheat, rapeseed oil, carrots, SESAME, thickener: hydroxypropylmethylcellulose, sugar, dried gluten-free rice sourdough, lactose-free SKIMMED MILK POWDER, pumpkin oil, pre-gelatinised rice flour, colouring: sulphite ammonia caramel colour, spices.

Nutritional values per 100g

Energy	1.071 kJ
Energy	256 kcal
Fat	6,1 g
of this saturated fatty acids :	1,0 g
Carbohydrates	44 g
of this sugar	1,1 g
Roughage	4,2 g
Protein	4,9 g
Salt	1,23 g

Allergens

Milk, Sesame, Soy

traces possible

contains no

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

Colourings

Minimum durability at -18°

182 Days

Property sheet

Gluten-free, Lactose-free,
Vegetarian, Palm oil free

"The products can be subject to recipe changes.



Product information

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Gluten free bread mix, cut

Gluten-free bakery products, frozen

Article number **1070127**

Weight per unit 35 g Units per carton 16

Net weight of the filling: 1120 g

Carton mini box

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Günskirchen
Österreich



Product description

Two varieties of bread in one pack: spiced bread with a tasty crust, and fitness bread with linseed, carrots, sunflower seeds and pumpkin seeds



Preparation

Foil baking time without humidifying: 5 min., Finishing baking: 5 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

Gluten free fitness bread: gluten-free WHEAT STARCH, water, sunflower seeds, SOYA FLOUR, carrots, pumpkin seeds, baker's yeast, linseed, salt, dried gluten-free rice sourdough, psyllium seed husk, rice flour, pre-gelatinised rice flour, colouring: sulphite ammonia caramel colour, SESAME, sugar, thickener: hydroxypropylmethylcellulose, spices. Gluten free gingerbread: gluten-free WHEAT STARCH, water, SOYA FLOUR, baker's yeast, dried gluten-free rice sourdough, psyllium seed husk, salt, sugar, spices, pre-gelatinised rice flour, thickener: hydroxypropylmethylcellulose, rice flour. May contain traces of SESAME ..

Nutritional values per 100g

Energy	985 kJ
Energy	234 kcal
Fat	3,5 g
of this saturated fatty acids :	0,5 g
Carbohydrates	46 g
of this sugar	1,5 g
Roughage	3,2 g
Protein	4,1 g
Salt	1,51 g

Allergens

Sesame, Soy

traces possible

contains no

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

Colourings

Minimum durability at -18°

182 Days

Property sheet

Gluten-free, Lactose-free, Vegan, Vegetarian, Palm oil free



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Product information

Gluten free bread roll mix

Gluten free baking mix, frozen

Article number **1070124**

Weight per unit 75 g Units per carton 12

Net weight of the filling: 900 g

Carton mini box

Product description

Multi-grain selection consisting of rustic pumpkin seed roll and mixed-seed roll with linseed, sesame seeds and sunflower seeds

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Gunkskirchen
Österreich



Preparation

Baking time without steaming: 8 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

Bread roll with pumpkin seeds: gluten-free WHEAT STARCH, water, pumpkin seeds (12%), SOYA FLOUR, yeast, salt, psyllium seed husk, pumpkin oil (1%), rapeseed oil, thickener: hydroxypropylmethylcellulose, sugar, rice flour, caramelised sugar syrup, colouring: sulphite ammonia caramel colour. May contain traces of SESAME .. seed roll: water, gluten-free WHEAT STARCH, linseed, quinoa, sunflower seeds, buckwheat, SOYA FLOUR, yeast, rapeseed oil, salt, thickener hydroxypropylmethylcellulose, psyllium seed husk, sugar, rice flour, SESAME, caramelised sugar syrup.

Nutritional values per 100g

Energy	1.136 kJ
Energy	273 kcal
Fat	8,4 g
of this saturated fatty acids :	1,1 g
Carbohydrates	43 g
of this sugar	1,0 g
Roughage	4,5 g
Protein	6,0 g
Salt	1,10 g

Allergens

Sesame, Soy

traces possible

contains no

Additives subject to declaration (according to ZZuIV)

Colourings

Minimum durability at -18°

182 Days

Milk fat content: 0,0 g

Property sheet

Gluten-free, Lactose-free, Vegan,
Vegetarian, Palm oil free



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Glutenfree kaiser bun

Gluten free bread, frozen

Article number **1070129**

Weight per unit 60 g Units per carton 11

Net weight of the filling: 660 g

Carton mini box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunskirchen

Österreich



Product description

The classic Austrian bread roll, now also available gluten-free, just as light and fluffy as the original version



Preparation

Foil baking time without humidifying: 8 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

gluten-free WHEAT STARCH, water, SOYA FLOUR, rice flour, baker's yeast, salt, psyllium seed husk, rapeseed oil, lactose-free SKIMMED MILK POWDER, thickener: hydroxypropylmethylcellulose, sugar. May contain traces of SESAME ..

Nutritional values per 100g

Energy	1.021 kJ
Energy	242 kcal
Fat	2,8 g
of this saturated fatty acids :	0,5 g
Carbohydrates	49 g
of this sugar	1,6 g
Roughage	3,5 g
Protein	3,5 g
Salt	1,32 g

Allergens

Milk, Soy

traces possible

Sesame

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

182 Days

Property sheet

Gluten-free, Lactose-free,
Vegetarian, Palm oil free



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Product information

Gluten-free cruller

Gluten-free cruller, frozen

Article number **1070171**

Weight per unit 120 g Units per carton 8

Net weight of the filling: 960 g

Carton mini box

Product description

Fluffy doughnut filled with sweet apricot jam, for gluten-free enjoyment all year round

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich



Preparation

Baking time in the foil without steaming: 15 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

gluten-free WHEAT STARCH, water, apricot jam (14%) (apricots, glucose-fructose syrup, sugar, gelling agent pectin, acidifier citric acid, rum essence), sugar, vegetable fat (palm), SOYA FLOUR, EGG YOLK (3%), baker's yeast, vegetable oil (sunflower), rice flour, thickener hydroxypropylmethylcellulose, psyllium seed husk, salt, lactose-free SKIMMED MILK POWDER, flavour (contains alcohol). May contain traces of SESAME, NUTS and PEANUTS.

Nutritional values per 100g

Energy	1.202 kJ
Energy	297 kcal
Fat	10 g
of this saturated fatty acids :	3,9 g
Carbohydrates	46 g
of this sugar	13 g
Roughage	3,7 g
Protein	3,2 g
Salt	0,98 g

Allergens

Milk, Eggs, Soy

traces possible

Peanuts, Edible nuts, Sesame

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

119 Days

Property sheet

Gluten-free, Lactose-free,
Vegetarian, with alcohol



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

Gluten-free muffin mix

Gluten-free, ready-made dough pastry, frozen

Article number **1070204**

Weight per unit 90 g Units per carton 16

Net weight of the filling: 90 g

Carton small box

Product description

Two varieties of moist cake in one pack: chocolate and traditional light mixture – a sweet, gluten-free combination

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Gunskirchen
Österreich



Preparation

Defrost for 60 minutes – cooking time: 6 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHOLE EGGS, rapeseed oil, sugar, potato starch, modified corn starch, water, chocolate (5%) (sugar, cocoa mass, cocoa butter, cocoa powder, low fat, emulsifier: SOYA LECITHIN, vanilla flavouring), cocoa powder, salt, EGG WHITE POWDER, baking powder, cornflour, emulsifier: mono- and diglycerides traces of fatty acids, thickener (carboxymethyl cellulose, guar gum, xanthan gum), flavour. May contain traces of SESAME and LUPINE ..

Nutritional values per 100g

Energy	2.101 kJ
Energy	512 kcal
Fat	32 g
of this saturated fatty acids :	4,1 g
Carbohydrates	51 g
of this sugar	26 g
Roughage	1,3 g
Protein	4,5 g
Salt	1,20 g

Allergens

Eggs, Soy

traces possible

Lupines, Sesame

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

182 Days

Milk fat content: 0,0 g

Property sheet

Gluten-free, Lactose-free,
Vegetarian, does not contain
wheat, Palm oil free



— SEIT 1924 —

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Product information

Gluten free cake duo

Gluten free, sweet baking mix, frozen

Article number **1070236**

Weight per unit 100 g Units per carton 12

Net weight of the filling: 1200 g

Carton mini box

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Günskirchen
Österreich



Product description

Tempting duo of Linzer slices and chocolate & cherry slices – the gluten-free hit at the cake buffet



Preparation

Baking time in the foil without steaming: 15 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

Linzer Slice: blackcurrant jam (18%) (sugar, red redcurrant (45%), humectants sorbitol, gelling agent pectin, acidifier citric acid, acidity regulator sodium citrate, stabiliser calcium citrate, preservatives potassium sorbate), EGGS, rapeseed oil, HAZELNUTS, sugar, starch, water, emulsifier: mono- and diglycerides traces of fatty acids, ALMONDS, cornflour, baking powder, EGG WHITE POWDER, salt, thickener (carboxymethyl cellulose, guar gum, xanthan gum), cinnamon, flavour. May contain traces of SESAME, SOYA and LUPINE .. Chocolate & cherry slice: EGGS, rapeseed oil, water, sour cherries (15%), sugar, starch, emulsifier: mono- and diglycerides traces of fatty acids, cocoa powder, baking powder, cornflour, EGG WHITE POWDER, modified starch, salt, thickener (carboxymethyl cellulose, guar gum, xanthan gum), lemon juice, flavour. May contain traces of SESAME, SOYA and LUPINE.

Nutritional values per 100g

Energy	1.636 kJ
Energy	392 kcal
Fat	24 g
of this saturated fatty acids :	2,8 g
Carbohydrates	41 g
of this sugar	23 g
Roughage	1,9 g
Protein	4,1 g
Salt	0,80 g

Allergens

Eggs, Edible nuts

traces possible

Lupines, Sesame, Soy

Milk fat content 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

84 Days

Property sheet

Gluten-free, Lactose-free,
Vegetarian, does not contain
wheat, Palm oil free