



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

Crusty bread roll

Wheat bread roll, frozen

Article number **1010024**

Weight per unit 55 g Units per carton 45

Net weight of the filling: 2475 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

Crispy bread roll, golden brown on the outside, beautifully soft and airy on the inside – simply irresistible



Preparation

Cooking time: 6 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (WHEAT, RYE), water, baker's yeast, salt, rapeseed oil, MALTED WHEAT FLOUR, MALTED BARLEY FLOUR, sugar. May contain traces of SESAME, SOYA, NUTS and MILK.

Nutritional values per 100g

Energy	1.088 kJ
Energy	259 kcal
Fat	1,0 g
of this saturated fatty acids :	0,3 g
Carbohydrates	51 g
of this sugar	2,3 g
Roughage	2,9 g
Protein	9,7 g
Salt	1,37 g

Allergens

Grains containing gluten

traces possible

Milk, Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

84 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Sesame bagel

Wheat bread roll, frozen

Article number **1011073**

Weight per unit 85 g Units per carton 35

Net weight of the filling: 2975 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

Classic bagels made from fine-pored yeast dough, sprinkled with sesame seeds, for nourishing enjoyment



Preparation

Cooking time: 4 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, water, rapeseed oil, sugar, SESAME (2%), WHEAT GLUTEN, yeast, salt, MALTED WHEAT (WHEAT, BARLEY), SOYA FLOUR, emulsifier SOYA LECITHIN. May contain traces of LUPINE, EGGS, MILK and NUTS.

Nutritional values per 100g

Energy	1.324 kJ
Energy	313 kcal
Fat	5,0 g
of this saturated fatty acids :	0,5 g
Carbohydrates	56 g
of this sugar	5,2 g
Roughage	2,5 g
Protein	9,8 g
Salt	1,10 g

Allergens

Grains containing gluten, Sesame, Soy

traces possible

Milk, Eggs, Lupines, Edible nuts

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Vegan, Vegetarian, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Organic Mini Bread Roll Classic Mix

Organic bread rolls assortment, frozen

Article number **1021050**

Units per carton **60**

Net weight of the filling: **1800 g**

Carton **small box**

Product description

Fine selection of bun, lye pretzel product, pumpkin seed roll and spelt roll

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Günskirchen
Österreich



Preparation

Cooking time: 5 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

Organic bun for guests (WHEAT FLOUR*, water, salt, baker's yeast, sugar*, sunflower oil*. May contain traces of SOYA, NUTS and SESAME.), Organic mini spelt bread roll (flour* (SPELT, WHOLEGRAIN SPELT, WHEAT), water, linseed*, SESAME*, baker's yeast, sunflower seeds*, PREGELATINISED RYE FLOUR*, salt, sunflower oil*, sugar*. May contain traces of NUTS and SOYA.), Organic bread roll with pumpkin seeds for guests (flour* (WHEAT, WHOLEGRAIN SPELT, SPELT), water, pumpkin seeds* (21%), sunflower oil*, baker's yeast, salt, PREGELATINISED RYE FLOUR*, sugar*. May contain traces of SOYA, NUTS and SESAME.) Organic lye rolls for guests (flour* (WHEAT, SPELT), water, sunflower oil*, baker's yeast, salt, sugar*. Surface treated with soda lye. May contain traces of SOYA, NUTS and SESAME.) *From certified organic farming.

Nutritional values per 100g

Energy	1.223 kJ
Energy	291 kcal
Fat	6,6 g
of this saturated fatty acids :	1,0 g
Carbohydrates	44 g
of this sugar	1,6 g
Roughage	3,9 g
Protein	10 g
Salt	1,30 g

Allergens

Grains containing gluten, Sesame

traces possible

Edible nuts, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

84 Days

Property sheet

Organic, Lactose-free, Vegan,
Vegetarian, Palm oil free

"The products can be subject to recipe changes.



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

Organic Potato Bread Roll

Organic potato pastry, frozen

Article number **1011197**

Weight per unit 75 g Units per carton 45

Net weight of the filling: 3375 g

Carton

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

Moist potato flour roll, extra crusty and extra tasty thanks to carefully selected organic ingredients



Preparation

Cooking time: 8 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR*, water, potato flakes* (9%), baker's yeast, RYE FLOUR*, salt, WHEAT GLUTENS*, MALTED WHEAT FLOUR*. *From certified organic farming. May contain traces of SESAME, NUTS and SOYA.

Nutritional values per 100g

Energy	1.092 kJ
Energy	258 kcal
Fat	0,7 g
of this saturated fatty acids :	0,1 g
Carbohydrates	51 g
of this sugar	1,1 g
Roughage	3,6 g
Protein	8,9 g
Salt	1,80 g

Allergens

Grains containing gluten

traces possible

Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Organic, Lactose-free, Vegan,
Vegetarian, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Organic Classic Mix

Organic bread rolls assortment, frozen

Article number **1011211**

Units per carton **45**

Net weight of the filling: **3150 g**

Carton **big box**

Product description

Spelt rolls, lye pretzel rolls and pumpkin seed rolls in a handy mix

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Günskirchen
Österreich



Preparation

Cooking time: 6 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

Organic bread roll with pumpkin seeds for guests (flour* (WHEAT, WHOLEGRAIN SPELT, SPELT), water*, pumpkin seeds* (19%), sunflower oil*, baker's yeast, salt, sugar*, PREGELATINISED RYE FLOUR*. May contain traces of SOYA, NUTS and SESAME.), Organic lye products (flour* (WHEAT, SPELT), water, sunflower oil*, baker's yeast, salt, sugar*. Surface treated with soda lye. May contain traces of SOYA, NUTS and SESAME.) Organic spelt bread roll (flour* (SPELT, WHOLEGRAIN SPELT, WHEAT), water, linseed*, SESAME*, sunflower seeds*, baker's yeast, PREGELATINISED RYE FLOUR*, salt, sunflower oil*, sugar*. May contain traces of NUTS and SOYA.) *From certified organic farming.

Nutritional values per 100g

Energy	1.274 kJ
Energy	304 kcal
Fat	8,5 g
of this saturated fatty acids :	1,2 g
Carbohydrates	43 g
of this sugar	1,4 g
Roughage	4,4 g
Protein	11 g
Salt	1,29 g

Allergens

Grains containing gluten, Sesame

traces possible

Edible nuts, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

84 Days

Property sheet

Organic, Lactose-free, Vegan,
Vegetarian, Palm oil free

"The products can be subject to recipe changes.



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

Organic bun

Organic wheat bread rolls, frozen

Article number **1010021**

Weight per unit 53 g Units per carton 50

Net weight of the filling: 2650 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

All organic baked products of Resch&Frisch are enriched with nutritious germ meal flour. Germ has a high nutrient content, contributes to a balanced diet and tastes great! lactose-free



Preparation

Cooking time: 5 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR*, water, RYE FLOUR*, yeast, sugar*, salt, sunflower oil*, MALTED WHEAT FLOUR*, WHEAT GLUTENS*. *From certified organic farming. May contain traces of SESAME and SOYA ..

Nutritional values per 100g

Energy	1.093 kJ
Energy	258 kcal
Fat	1,3 g
of this saturated fatty acids :	0,2 g
Carbohydrates	50 g
of this sugar	2,5 g
Roughage	3,1 g
Protein	8,4 g
Salt	1,30 g

Allergens

Grains containing gluten

traces possible

Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

84 Days

Property sheet

Organic, Lactose-free, Vegan,
Vegetarian, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Hot dog bun

Wheat bread roll, frozen

Article number **1011159**

Weight per unit 90 g Units per carton 25

Net weight of the filling: 2250 g

Carton large box

Product description

Fluffy rolls – ideal for filling

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Gunkskirchen
Österreich



Preparation

Defrost for 60 minutes at room temperature

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (WHEAT, RYE), water, sugar, MALTED WHEAT FLOUR, baker's yeast, rapeseed oil, salt, BARLEY MALT. May contain traces of SESAME, NUTS, MILK and SOYA.

Nutritional values per 100g

Energy	1.082 kJ
Energy	258 kcal
Fat	2,4 g
of this saturated fatty acids :	0,3 g
Carbohydrates	49 g
of this sugar	4,3 g
Roughage	2,8 g
Protein	8,6 g
Salt	1,37 g

Allergens

Grains containing gluten

traces possible

Milk, Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

84 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

Spelt bread roll

Spelt baked goods, frozen

Article number **1010527**

Weight per unit 65 g Units per carton 40

Net weight of the filling: 2600 g

Carton

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description



Preparation

Cooking time: 5 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHOLEMEAL SPELT FLOUR (31%), SPELT FLOUR (31%), water, baker's yeast, RYE FLOUR, SPELLED GLUTEN, Pre-gelatinised spelt starch, vegetable oil (rape seed), salt, sugar, baker's yeast, May contain traces of SESAME, SOYA and NUTS .

Nutritional values per 100g

Energy	1.050 kJ
Energy	250 kcal
Fat	3,0 g
of this saturated fatty acids :	0,3 g
Carbohydrates	45 g
of this sugar	1,6 g
Roughage	4,4 g
Protein	10 g
Salt	1,24 g

Allergens

Grains containing gluten

traces possible

Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

84 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Spelt wholemeal bread roll

Spelt wholemeal bread rolls, frozen

Article number **1012136**

Weight per unit 75 g Units per carton 50

Net weight of the filling: 3750 g

Carton

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

Whole grain from Austria - whole grain spelt dough with curd cheese, potato flakes, sunflower seeds and sesame for full taste.



Preparation

Cooking time: 8 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHOLEMEAL SPELT FLOUR (44%), water, sunflower seeds, SPELT FLAKES (6%), CURD CHEESE 20% fat in dry matter, RYE FLOUR, SESAME, WHEAT GLUTENS, potato flakes, salt, MALTED BARLEY FLOUR, sugar, baker's yeast, WHEAT FLOUR, acidifier acetic acid. May contain traces of SOYA and NUTS.

Nutritional values per 100g

Energy	1.286 kJ
Energy	305 kcal
Fat	8,2 g
of this saturated fatty acids :	1,2 g
Carbohydrates	42 g
of this sugar	3,5 g
Roughage	6,5 g
Protein	13 g
Salt	1,08 g

Allergens

Grains containing gluten, Milk, Sesame

traces possible

Edible nuts, Soy

Milk fat content: 0,3 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

High fibre content, Vegetarian, Wholemeal, Palm oil free



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

Fitness bread roll

Wheat-rye bread rolls, frozen

Article number **1012135**

Weight per unit 75 g Units per carton 50

Net weight of the filling: 3750 g

Carton

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Gunskirchen
Österreich

Product description

The aromatic fitness bread roll convinces with exceptional ingredients like roasted sunflower seeds and nutritious banana pieces.



Preparation

Cooking time: 7 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour WHEAT, RYE), water, sunflower seeds, potato flakes, SOYA BEAN MEAL, WHEAT GLUTENS, WHOLEMEAL RYE FLOUR, banana crisps (banana, coconut oil, cane sugar), salt, baker's yeast, rapeseed oil, MALTED BARLEY FLOUR, MALTED WHEAT FLOUR, sugar. May contain traces of SESAME, MILK and NUTS.

Nutritional values per 100g

Energy	1.265 kJ
Energy	301 kcal
Fat	7,5 g
of this saturated fatty acids :	1,2 g
Carbohydrates	45 g
of this sugar	2,0 g
Roughage	5,0 g
Protein	12 g
Salt	1,08 g

Allergens

Grains containing gluten, Soy

traces possible

Milk, Edible nuts, Sesame

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Sweet breakfast croissant

Yeast fine pastry, frozen

Article number **1011168**

Weight per unit 60 g Units per carton 30

Net weight of the filling: 1800 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunskirchen

Österreich

Product description

Refined from yeast dough with butter, a real treat whether completed with a sweet or savoury filling.



Preparation

Cooking time: 3 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, water, sugar, BUTTER, vegetable oil (rape seed), baker's yeast, glucose syrup, DRIED LOW-FAT MILK, EGG YOLK, salt, MALTED WHEAT FLOUR, dextrose, dried NATURAL WHEAT SOURDOUGH. May contain traces of SESAME, SOYA and NUTS ..

Nutritional values per 100g

Energy	1.366 kJ
Energy	327 kcal
Fat	8,8 g
of this saturated fatty acids :	2,8 g
Carbohydrates	51 g
of this sugar	7,1 g
Roughage	2,2 g
Protein	9,3 g
Salt	1,00 g

Allergens

Grains containing gluten, Milk, Eggs

traces possible

Edible nuts, Sesame, Soy

Milk fat content: 3,5 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

84 Days

Property sheet

Vegetarian, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Graham wholemeal bread roll

Wholemeal bread rolls with graham groats, frozen

Article number **1012126**

Weight per unit 85 g Units per carton 30

Net weight of the filling: 2550 g

Carton

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

This traditional wholegrain roll is very high in fibre and lovely to bite into



Preparation

Cooking time: 6 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHOLE WHEAT FLOUR (33%), WHOLEMEAL WHEAT FLOUR (24%), water, WHEAT FLOUR, baker's yeast, rapeseed oil, EGGS, salt, DRIED LOW-FAT MILK, WHEAT GLUTENS, MALTED BARLEY FLOUR, MALTED WHEAT FLOUR. May contain traces of SESAME, SOYA and NUTS.

Nutritional values per 100g

Energy	1.052 kJ
Energy	250 kcal
Fat	3,5 g
of this saturated fatty acids :	0,4 g
Carbohydrates	42 g
of this sugar	2,1 g
Roughage	6,5 g
Protein	9,9 g
Salt	1,24 g

Allergens

Grains containing gluten, Milk, Eggs

traces possible

Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

84 Days

Property sheet

High fibre content, Vegetarian, Wholemeal, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Oats wholemeal bread roll

Oats wholemeal bread rolls, frozen

Article number **1012062**

Weight per unit 70 g Units per carton 50

Net weight of the filling: 3500 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

With the high energy oats wholemeal bread roll that is topped with nutritious oat flakes and hemp nuts you provide your guests with a true power pack that promises great taste



Preparation

Cooking time: 7 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

water, wholemeal four (WHEAT, OAT (11%)), meal (RYE, WHEAT), WHEAT FLOUR, CURD CHEESE 20% fat in dry matter, OAT FLAKES (4%), baker's yeast, salt, RYE FLOUR, acidifier acetic acid, BARLEY MALT. May contain traces of SESAME, NUTS and SOYA ..

Nutritional values per 100g

Energy	1.045 kJ
Energy	249 kcal
Fat	2,4 g
of this saturated fatty acids :	0,7 g
Carbohydrates	44 g
of this sugar	1,7 g
Roughage	6,7 g
Protein	9,6 g
Salt	1,20 g

% of the recommended daily dose

Magnesium:	-	-
Iron	-	-
Zinc	-	-
Phosphorus:	178,0 mg	25 %
potassium	-	-

Beta-Glucan	-
Milk fat content	0,3 g

Allergens

Grains containing gluten, Milk

traces possible

Edible nuts, Sesame, Soy

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

General dietary recommendations

Diverse forms of nutrition, exercise and a healthy life style are all important factors for healthy living.

Property sheet

High fibre content, Vegetarian, Wholemeal, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Hamburger

Wheat bread roll, frozen

Article number **1011172**

Weight per unit 80 g Units per carton 30

Net weight of the filling: 2400 g

Carton large box

Product description

Classic burger bun made from fine wheat dough and sprinkled with sesame seeds for tasty burger creations

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Gunskirchen
Österreich



Preparation

Defrost for 60 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, water, SESAME, glucose syrup, sugar, rapeseed oil, baker's yeast, WHEAT GLUTENS, salt, MALTED WHEAT FLOUR, NATURAL WHEAT SOURDOUGH dried, dextrose. May contain traces of SOYA and NUTS.

Nutritional values per 100g

Energy	1.313 kJ
Energy	314 kcal
Fat	6,8 g
of this saturated fatty acids :	0,9 g
Carbohydrates	50 g
of this sugar	4,4 g
Roughage	3,2 g
Protein	11 g
Salt	1,25 g

Allergens

Grains containing gluten, Sesame

traces possible

Edible nuts, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Maxi wheat roll

Wheat bread roll, frozen

Article number **1010012**

Weight per unit 75 g Units per carton 35

Net weight of the filling: 2625 g

Carton large box

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Günskirchen
Österreich

Product description

The lunch assortment of Resch&Frisch is the ideal basis for creative lunch specialists. In just a matter of minutes you can make tasty, fresh rolls - individually around the clock! lactose-free



Preparation

Cooking time: 6 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (WHEAT, RYE), water, baker's yeast, salt, sugar, MALTED BARLEY FLOUR, MALTED WHEAT FLOUR, rapeseed oil. May contain traces of SESAME, SOYA, NUTS and MILK.

Nutritional values per 100g

Energy	1.093 kJ
Energy	261 kcal
Fat	1,0 g
of this saturated fatty acids :	0,3 g
Carbohydrates	51 g
of this sugar	2,3 g
Roughage	2,9 g
Protein	9,7 g
Salt	1,40 g

Allergens

Grains containing gluten

traces possible

Milk, Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

84 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Snack pretzel with salt

Lye pretzel products, frozen

Article number **1013070**

Weight per unit 100 g Units per carton 25

Net weight of the filling: 2500 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

Popular, traditional lye pretzel sprinkled with salt, in XL format, ideal for sandwich fillings



Preparation

Cooking time: 3 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, water, salt, rapeseed oil, baker's yeast, MALTED WHEAT FLOUR, NATURAL WHEAT SOURDOUGH dried, dextrose. Surface treated with soda lye. May contain traces of SESAME and SOYA.

Nutritional values per 100g

Energy	1.094 kJ
Energy	261 kcal
Fat	3,8 g
of this saturated fatty acids :	0,5 g
Carbohydrates	46 g
of this sugar	1,5 g
Roughage	2,3 g
Protein	9,0 g
Salt	3,08 g

Allergens

Grains containing gluten

traces possible

Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

56 Days

Property sheet

Lactose-free, Vegan, Vegetarian, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Maxi ciabatta

Wheat bread roll, frozen

Article number **1011070**

Weight per unit 80 g Units per carton 30

Net weight of the filling: 2400 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

The lunch assortment of Resch&Frisch is the ideal basis for creative lunch specialists. In just a matter of minutes you can make tasty, fresh rolls - individually around the clock!



Preparation

Cooking time: 6 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (WHEAT, RYE), water, baker's yeast, MALTED WHEAT FLOUR, olive oil, salt, acidifier acetic acid. May contain traces of SOYA, SESAME, MILK and NUTS.

Nutritional values per 100g

Energy	1.181 kJ
Energy	282 kcal
Fat	2,7 g
of this saturated fatty acids :	0,5 g
Carbohydrates	52 g
of this sugar	1,8 g
Roughage	3,2 g
Protein	9,8 g
Salt	1,31 g

Allergens

Grains containing gluten

traces possible

Milk, Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Maxi cheese roll

Wheat bread with cheese, frozen

Article number **1011198**

Weight per unit 90 g Units per carton 30

Net weight of the filling: 2700 g

Carton

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

The lunch assortment of Resch&Frisch is the ideal basis for creative lunch specialists. In just a matter of minutes you can make tasty, fresh rolls - individually around the clock!



Preparation

Cooking time: 6 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, CHEESE 45% fat in dry matter (24%), water, salt, baker's yeast, MALTED WHEAT FLOUR, dried NATURAL WHEAT SOURDOUGH, dextrose. May contain traces of SOYA, SESAME and NUTS.

Nutritional values per 100g

Energy	1.290 kJ
Energy	308 kcal
Fat	7,2 g
of this saturated fatty acids :	4,5 g
Carbohydrates	44 g
of this sugar	1,5 g
Roughage	2,2 g
Protein	15 g
Salt	1,62 g

Allergens

Grains containing gluten, Milk

traces possible

Edible nuts, Sesame, Soy

Milk fat content: 6,3 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegetarian, Palm oil free



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

Multigrain triangle roll

Wheat bread with millet and buckwheat, frozen

Article number **1012111**

Weight per unit 80 g Units per carton 30

Net weight of the filling: 2400 g

Carton large box

Product description

Healthy yet tasty with millet, buckwheat, pumpkin seeds and sunflower seeds

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich



Preparation

Cooking time: 6 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, water, pumpkin seeds (4%), sunflower seeds (4%), millet (4%), buckwheat (4%), BRAISED MALTED WHEY GRAIN, salt, baker's yeast, MALTED WHEAT FLOUR, RYE FLOUR fried, RYE FLOUR, sugar, rapeseed oil, MALTED BARLEY FLOUR. May contain traces of NUTS, SESAME, MILK and SOYA.

Nutritional values per 100g

Energy	1.203 kJ
Energy	287 kcal
Fat	5,0 g
of this saturated fatty acids :	0,8 g
Carbohydrates	48 g
of this sugar	1,9 g
Roughage	3,3 g
Protein	11 g
Salt	1,17 g

Allergens

Grains containing gluten

traces possible

Milk, Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

Maxi corn stick

Wheat-rye bread rolls, frozen

Article number **1012101**

Weight per unit 70 g Units per carton 35

Net weight of the filling: 2450 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

Large corn breadstick, sprinkled with sesame seeds and linseed, and refined with wheat bran and linseed



Preparation

Cooking time: 6 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, water, toasted RYE FLOUR, toasted WHEAT FLOUR, linseed, baker's yeast, SESAME, WHEAT MEAL, WHOLEMEAL RYE FLOUR, WHEAT BRAN, SOYA BEAN MEAL, RYE MEAL, salt, SOYA FLOUR, WHEAT GLUTENS, BRAISED MALTED WHEY GRAIN, spices, MALTED BARLEY FLOUR. May contain traces of NUTS.

Nutritional values per 100g

Energy	1.094 kJ
Energy	261 kcal
Fat	3,3 g
of this saturated fatty acids :	0,5 g
Carbohydrates	45 g
of this sugar	1,7 g
Roughage	6,0 g
Protein	11 g
Salt	1,64 g

Allergens

Grains containing gluten, Sesame, Soy

traces possible

Edible nuts

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

Maxi lye breadstick

Lye pretzel products, frozen

Article number **1013017**

Weight per unit 75 g Units per carton 35

Net weight of the filling: 2625 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

The traditional lye breadstick in practical XL format for longer-lasting enjoyment, perfect for sandwich fillings



Preparation

Cooking time: 6 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, water, baker's yeast, rapeseed oil, salt, MALTED WHEAT FLOUR, dried NATURAL WHEAT SOURDOUGH, RYE FLOUR, dextrose, acidifier acetic acid. Surface treated with soda lye. May contain traces of SESAME and SOYA.

Nutritional values per 100g

Energy	1.134 kJ
Energy	271 kcal
Fat	3,2 g
of this saturated fatty acids :	0,6 g
Carbohydrates	49 g
of this sugar	1,7 g
Roughage	2,7 g
Protein	9,6 g
Salt	1,42 g

Allergens

Grains containing gluten

traces possible

Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

84 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

Maxi rye bread roll

Wheat-rye bread rolls, frozen

Article number **1011187**

Weight per unit 95 g Units per carton 30

Net weight of the filling: 2850 g

Carton large box

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Gunkskirchen
Österreich

Product description

Thick crust, moist dough and a very high rye flour content make this roll extra tasty



Preparation

Cooking time: 7 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (RYE (34%), WHEAT), water, spices, WHEAT GLUTENS, salt, baker's yeast, BARLEY MALT, MALTED WHEAT FLOUR, rapeseed oil, sugar, acidifier acetic acid. May contain traces of SESAME, NUTS, MILK and SOYA.

Nutritional values per 100g

Energy	1.041 kJ
Energy	247 kcal
Fat	1,3 g
of this saturated fatty acids :	0,3 g
Carbohydrates	48 g
of this sugar	1,9 g
Roughage	4,6 g
Protein	8,6 g
Salt	1,24 g

Allergens

Grains containing gluten

traces possible

Milk, Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Maxi salted roll

Article number **1011194**

Weight per unit 80 g Units per carton 35

Net weight of the filling: 2800 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

Popular snack made from rye and wheat flour, rounded off with a traditional sprinkling of caraway seeds and salt



Preparation

Cooking time: 6 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, water, RYE FLOUR, salt, baker's yeast, cumin, rapeseed oil, MALTED BARLEY FLOUR, acidifier acetic acid. May contain traces of SESAME, NUTS and SOYA.

Nutritional values per 100g

Energy	1.070 kJ
Energy	255 kcal
Fat	2,1 g
of this saturated fatty acids :	0,4 g
Carbohydrates	48 g
of this sugar	1,7 g
Roughage	3,8 g
Protein	8,6 g
Salt	3,34 g

Allergens

Grains containing gluten

traces possible

Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

56 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Maxi bun

Wheat bread roll, frozen

Article number **1010506**

Weight per unit 70 g Units per carton 30

Net weight of the filling: 2100 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

The lunch assortment of Resch&Frisch is the ideal basis for creative lunch specialists. In just a matter of minutes you can make tasty, fresh rolls - individually around the clock!



Preparation

Cooking time: 5 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (WHEAT, RYE), water, baker's yeast, salt, sugar, rapeseed oil, MALTED WHEAT FLOUR, MALTED BARLEY FLOUR. May contain traces of SESAME, SOYA, MILK and NUTS.

Nutritional values per 100g

Energy	1.047 kJ
Energy	249 kcal
Fat	1,0 g
of this saturated fatty acids :	0,3 g
Carbohydrates	49 g
of this sugar	2,2 g
Roughage	2,8 g
Protein	9,2 g
Salt	1,34 g

Allergens

Grains containing gluten

traces possible

Milk, Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

84 Days

Consumer reference

12 Stunden , trocken und vor Wärme geschützt lagern.

Property sheet

Lactose-free, Vegan, Vegetarian, Palm oil free

"The products can be subject to recipe changes.

14.03.2024



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

Mini spelt wholemeal bread roll

Spelt wholemeal bread rolls, frozen

Article number **1022002**

Weight per unit 33 g Units per carton 60

Net weight of the filling: 1980 g

Carton small box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

Wholesome bread for a unique taste sensation WHAT I CONTAIN MY BENEFITS Spelt grains Curd cheese Potato flakes Rich in dietary fibre Magnesium, iron, phosphorus, zinc



Preparation

Cooking time: 5 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHOLEMEAL SPELT FLOUR (47%), water, RYE FLOUR, sunflower seeds, EDIBLE CURD CHEESE 20% fat in dry matter, SESAME, SPELT FLAKES (4%), WHEAT GLUTENS, potato flakes, baker's yeast, salt, sugar, WHEAT FLOUR, BARLEY MALT, acidifier acetic acid. May contain traces of SOYA and NUTS.

Nutritional values per 100g

Energy	1.267 kJ
Energy	301 kcal
Fat	7,3 g
of this saturated fatty acids :	1,1 g
Carbohydrates	43 g
of this sugar	3,6 g
Roughage	6,5 g
Protein	13 g
Salt	1,14 g

% of the recommended daily dose

Magnesium:	103,0 mg	25 %
Iron	3,1 mg	22 %
Zinc	2,4 mg	25 %
Phosphorus:	-	-
potassium	-	-

Beta-Glucan	-
Milk fat content	0,3 g

Allergens

Grains containing gluten, Milk, Sesame

traces possible

Edible nuts, Soy

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

General dietary recommendations

Diverse forms of nutrition, exercise and a healthy life style are all important factors for healthy living.

Property sheet

High fibre content, Vegetarian, Wholemeal, Palm oil free



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

Mini fitness roll

Wheat-rye bread rolls, frozen

Article number **1022003**

Weight per unit 33 g Units per carton 60

Net weight of the filling: 1980 g

Carton small box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

The aromatic fitness roll convinces with its exceptional raw materials like roasted sunflower seeds and nutritious banana pieces.



Preparation

Cooking time: 6 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (WHEAT, RYE), water, sunflower seeds, WHOLEMEAL RYE FLOUR, potato flakes, SOYA BEAN MEAL, WHEAT GLUTENS, banana crisps (bananas, vegetable oil (coconut), cane sugar), salt, baker's yeast, rapeseed oil, MALTED BARLEY FLOUR, MALTED WHEAT FLOUR, sugar. May contain traces of SESAME, MILK and NUTS.

Nutritional values per 100g

Energy	1.299 kJ
Energy	309 kcal
Fat	7,5 g
of this saturated fatty acids :	1,2 g
Carbohydrates	46 g
of this sugar	2,0 g
Roughage	5,0 g
Protein	12 g
Salt	1,10 g

Allergens

Grains containing gluten, Soy

traces possible

Milk, Edible nuts, Sesame

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Mini bread roll mix

Bread assortment, frozen

Article number **1021049**

Units per carton 60

Net weight of the filling: 1995 g

Carton smal box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Günskirchen

Österreich

Product description

Mini bread roll mix consisting of bread rolls, Vintschgerl rolls, fitness rolls and chestnut-shaped lye rolls



Preparation

Cooking time: 4 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

Mini Vintschgerl roll (flour (RYE, WHEAT), water, baker's yeast, spices, salt, MALTED WHEAT FLOUR, MALTED BARLEY FLOUR, dried NATURAL WHEAT SOURDOUGH, acidifier acetic acid, dextrose, rapeseed oil, sugar. May contain traces of SESAME and SOYA.), Mini fitness roll (flour (WHEAT, RYE), water, sunflower seeds, WHOLEMEAL RYE FLOUR, potato flakes, SOYA BEAN MEAL, WHEAT GLUTENS, banana crisps (bananas, vegetable oil (coconut), cane sugar), salt, baker's yeast, rapeseed oil, MALTED BARLEY FLOUR, MALTED WHEAT FLOUR, sugar. May contain traces of MILK, SESAME and NUTS.), Mini bun (flour (WHEAT, RYE), water, salt, sugar, baker's yeast, MALTED BARLEY FLOUR, MALTED WHEAT FLOUR, rapeseed oil. May contain traces of SESAME, MILK, NUTS and SOYA.), Mini lye chestnut (flour (WHEAT, RYE), water, baker's yeast, rapeseed oil, MALTED BARLEY FLOUR, MALTED WHEAT FLOUR, dried NATURAL WHEAT SOURDOUGH, salt, sugar, dextrose. Surface treated with soda lye. May contain traces of SESAME and SOYA.)

Nutritional values per 100g

Energy	1.129 kJ
Energy	269 kcal
Fat	3,3 g
of this saturated fatty acids :	0,6 g
Carbohydrates	48 g
of this sugar	1,8 g
Roughage	3,9 g
Protein	9,6 g
Salt	1,24 g

Allergens

Grains containing gluten, Soy

traces possible

Milk, Edible nuts, Sesame

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

84 Days

Property sheet

Lactose-free, Vegan, Vegetarian, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Mini hand-crafted bun

Wheat bread roll, frozen

Article number **1020008**

Weight per unit 25 g Units per carton 55

Net weight of the filling: 1375 g

Carton small box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

Masterfully shaped, the mini hand-crafted bun combines all characteristics for perfect pleasure: best quality raw materials from Austria, careful hand-made production and ideal baking conditions!



Preparation

Cooking time: 3 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (WHEAT, RYE), water, baker's yeast, salt, sugar, MALTED WHEAT FLOUR, WHEAT GLUTENS, rapeseed oil, BARLEY MALT. May contain traces of SESAME, SOYA, MILK and NUTS.

Nutritional values per 100g

Energy	1.178 kJ
Energy	280 kcal
Fat	0,9 g
of this saturated fatty acids :	0,2 g
Carbohydrates	56 g
of this sugar	2,1 g
Roughage	3,0 g
Protein	10 g
Salt	1,24 g

Allergens

Grains containing gluten

traces possible

Milk, Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

84 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Mini kaiser bun mix

Wheat bread roll, frozen

Article number **1020007** **PLU-Code: 806**

Weight per unit 27 g Units per carton 60

Net weight of the filling: 1620 g

Carton small box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Günskirchen

Österreich

Product description

Popular selection of mini kaiser rolls, sprinkled with poppy or sesame seeds, or the traditional plain variety



Preparation

Cooking time: 3 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (WHEAT, RYE), water, blue poppy seeds, SESAME, salt, baker's yeast, sugar, MALTED BARLEY FLOUR, MALTED WHEAT FLOUR, rapeseed oil. May contain traces of NUTS, MILK and SOYA.

Nutritional values per 100g

Energy	1.198 kJ
Energy	289 kcal
Fat	3,9 g
of this saturated fatty acids :	0,6 g
Carbohydrates	50 g
of this sugar	2,1 g
Roughage	3,6 g
Protein	10 g
Salt	1,29 g

Allergens

Grains containing gluten, Sesame

traces possible

Milk, Edible nuts, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

84 Days

Property sheet

Lactose-free, Vegan, Vegetarian, Palm oil free



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

Mini cheese roll

Wheat bread with cheese, frozen

Article number **1021047**

Weight per unit 29 g Units per carton 50

Net weight of the filling: 1450 g

Carton

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

Heartily topped with tasty pizza cheese, the aromatic mini cheese roll promises utmost pleasure. An interesting usage for this product is a seminar break - because it is a tasty alternative even without any topping!



Preparation

Cooking time: 4 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, CHEESE 45% fat in dry matter (25%), water, salt, baker's yeast, MALTED WHEAT FLOUR, NATURAL WHEAT SOURDOUGH dried, dextrose. May contain traces of SOYA, NUTS and SESAME.

Nutritional values per 100g

Energy	1.281 kJ
Energy	306 kcal
Fat	7,6 g
of this saturated fatty acids :	4,7 g
Carbohydrates	43 g
of this sugar	1,4 g
Roughage	2,3 g
Protein	15 g
Salt	1,55 g

Allergens

Grains containing gluten, Milk

traces possible

Edible nuts, Sesame, Soy

Milk fat content: 6,7 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegetarian, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Mini multigrain bread roll mix

A rustic assortment of corn breadsticks, pumpkin seed rolls, wholemeal spelt

Article number **1022015**

Units per carton 60

Net weight of the filling: 2055 g

Carton small box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Günskirchen

Österreich

Product description

A rustic assortment of corn breadsticks, pumpkin seed rolls, wholemeal spelt rolls and wholemeal rolls, all in mini format



Preparation

Cooking time: 5 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

Mini wholemeal bread roll (WHOLEMEAL WHEAT FLOUR, water, sunflower seeds, WHOLE WHEAT FLOUR, WHEAT FLOUR, pumpkin seeds, baker's yeast, salt, OAT FLAKES, SESAME, linseed, RYE FLOUR, rapeseed oil, MALTED BARLEY FLOUR, MALTED WHEAT FLOUR, sugar, acidifier acetic acid. May contain traces of MILK, NUTS and SOYA.), Mini bread roll with pumpkin seed (flour (WHEAT, RYE), pumpkin seeds (17%), water, salt, baker's yeast, pumpkin oil, MALTED BARLEY FLOUR, rapeseed oil, MALTED WHEAT FLOUR, sugar. May contain traces of SESAME, SOYA and NUTS.), Mini spelt wholemeal bread roll (WHOLEMEAL SPELT FLOUR (47%), water, RYE FLOUR, sunflower seeds, EDIBLE CURD CHEESE 20% fat in dry matter, SESAME, SPELT FLAKES (4%), WHEAT GLUTENS, potato flakes, baker's yeast, salt, sugar, WHEAT FLOUR, BARLEY MALT, acidifier acetic acid. May contain traces of SOYA and NUTS.) Mini corn stick SESAME (WHEAT FLOUR, water, SESAME, RYE FLOUR toasted, WHEAT FLOUR toasted, baker's yeast, WHEAT MEAL, WHOLEMEAL RYE FLOUR, WHEAT BRAN, SOYA BEAN MEAL, RYE MEAL, salt, linseed, SOYA FLOUR, WHEAT GLUTENS, BRAISED MALTED WHEY GRAIN, spices, MALTED BARLEY FLOUR, RYE FLOUR, rapeseed oil, MALTED WHEAT FLOUR, sugar.)

Nutritional values per 100g

Energy	1.286 kJ
Energy	306 kcal
Fat	8,8 g
of this saturated fatty acids :	1,4 g
Carbohydrates	42 g
of this sugar	2,2 g
Roughage	6,0 g
Protein	13 g
Salt	1,29 g

Allergens

Grains containing gluten, Milk, Sesame, Soy

traces possible

Edible nuts

Milk fat content 0,1 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Vegetarian, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Mini corn stick

Wheat-rye bread rolls, frozen

Article number **1022013**

Weight per unit 29 g Units per carton 60

Net weight of the filling: 1740 g

Carton small box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunskirchen

Österreich

Product description

An ideal mixture of wheat, rye, soy meal, wheat bran and linseed. Like the other bread and baking products, the Kornspitz roll is high in fibre and thus the ideal addition to every meal!



Preparation

Cooking time: 4 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, water, RYE MEAL, WHEAT MEAL, SESAME, salt, baker's yeast, WHEAT BRAN, linseed, SOYA BEAN MEAL, blue poppy seeds, BRAISED MALTED WHEY GRAIN, SOYA FLOUR, RYE FLOUR, PREGELATINIZED MALTED RYE FLOUR, RYE FLOUR fried, spices, acidifier (lactic acid, acetic acid), sugar, rapeseed oil, MALTED WHEAT FLOUR, BARLEY MALT.

Nutritional values per 100g

Energy	1.152 kJ
Energy	273 kcal
Fat	5,0 g
of this saturated fatty acids :	0,7 g
Carbohydrates	44 g
of this sugar	0,9 g
Roughage	6,6 g
Protein	11 g
Salt	3,01 g

Allergens

Grains containing gluten, Sesame, Soy

traces possible

contains no

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

56 Days

Property sheet

High fibre content, Lactose-free, Vegan, Vegetarian, Palm oil free



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

Mini bread roll with pumpkin seeds

Wheat-rye bread with pumpkin seeds, frozen

Article number **1022005**

Weight per unit 35 g Units per carton 60

Net weight of the filling: 2100 g

Carton small box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Günskirchen

Österreich

Product description

Selected raw materials like wheat and rye flour, pumpkin seeds and pumpkin oil from Southern Styria make this crunchy mini roll a real experience. Pumpkin seeds have a high content of protein, iron, phosphorus, potassium, zinc and selenium and therefore make a positive contribution to a balanced diet.



Preparation

Cooking time: 6 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (WHEAT, RYE), pumpkin seeds (17%), water, salt, baker's yeast, pumpkin oil, MALTED BARLEY FLOUR, rapeseed oil, MALTED WHEAT FLOUR, sugar. May contain traces of SESAME, SOYA, MILK and NUTS.

Nutritional values per 100g

Energy	1.356 kJ
Energy	324 kcal
Fat	9,4 g
of this saturated fatty acids :	1,8 g
Carbohydrates	44 g
of this sugar	1,7 g
Roughage	4,5 g
Protein	13 g
Salt	1,28 g

Allergens

Grains containing gluten

traces possible

Milk, Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Mini lye pretzel

Lye pretzel products, frozen

Article number **1023001**

Weight per unit 27 g Units per carton 50

Net weight of the filling: 1350 g

Carton small box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

Lye pretzels in a different way! The exclusive mini lye pretzels offer versatile options of use, as universal accompaniment for snacks, selected table-top baked products, as a pre-appetizer or for your young guests!



Preparation

Cooking time: 3 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, water, RYE FLOUR, vegetable oil (rape seed), salt, MALTED WHEAT FLOUR, dried NATURAL WHEAT SOURDOUGH, dextrose, baker's yeast. Surface treated with soda lye. May contain traces of SOYA and SESAME.

Nutritional values per 100g

Energy	1.127 kJ
Energy	269 kcal
Fat	4,7 g
of this saturated fatty acids :	1,4 g
Carbohydrates	47 g
of this sugar	1,4 g
Roughage	2,7 g
Protein	8,3 g
Salt	3,03 g

Allergens

Grains containing gluten

traces possible

Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

84 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Mini lye chestnut

Lye pretzel products, frozen

Article number **1023002**

Weight per unit 29 g Units per carton 60

Net weight of the filling: 1740 g

Carton small box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunskirchen

Österreich

Product description

The unique taste due to leaching provides a special taste. The areas of use for lye products are unlimited and range from a breakfast buffet to a tasty variant with different toppings.



Preparation

Cooking time: 4 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (WHEAT, RYE), water, baker's yeast, rapeseed oil, MALTED BARLEY FLOUR, MALTED WHEAT FLOUR, NATURAL WHEAT SOURDOUGH dried, salt, sugar, dextrose. Surface treated with soda lye. May contain traces of SESAME and SOYA.

Nutritional values per 100g

Energy	1.044 kJ
Energy	249 kcal
Fat	2,8 g
of this saturated fatty acids :	0,5 g
Carbohydrates	46 g
of this sugar	1,5 g
Roughage	2,6 g
Protein	8,6 g
Salt	1,30 g

Allergens

Grains containing gluten

traces possible

Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

84 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Mini salted stick

Wheat bread roll, frozen

Article number **1021007**

Weight per unit 25 g Units per carton 60

Net weight of the filling: 1500 g

Carton small box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

Lovingly made by hand, the mini salted stick has a special taste, making it very popular among gourmets.



Preparation

Cooking time: 3 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (WHEAT, RYE), water, salt, baker's yeast, MALTED WHEAT FLOUR, BARLEY MALT, sugar, rapeseed oil, cumin. May contain traces of SESAME and SOYA.

Nutritional values per 100g

Energy	1.120 kJ
Energy	265 kcal
Fat	0,9 g
of this saturated fatty acids :	0,2 g
Carbohydrates	53 g
of this sugar	0,9 g
Roughage	3,2 g
Protein	9,6 g
Salt	2,92 g

Allergens

Grains containing gluten

traces possible

Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

56 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Mini Vintschgerl roll

Wheat-rye bread rolls, frozen

Article number **1021008**

Weight per unit 40 g Units per carton 60

Net weight of the filling: 2400 g

Carton small box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

Baked product with a bread touch - the mini Vintschgerl roll is a perfect side not only for lunches!



Preparation

Cooking time: 5 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (RYE, WHEAT), water, baker's yeast, salt, MALTED WHEAT FLOUR, spices, sugar, BARLEY MALT, NATURAL WHEAT SOURDOUGH dried, rapeseed oil, dextrose, acidifier acetic acid. May contain traces of SESAME and SOYA.

Nutritional values per 100g

Energy	1.002 kJ
Energy	237 kcal
Fat	1,1 g
of this saturated fatty acids :	0,2 g
Carbohydrates	47 g
of this sugar	1,6 g
Roughage	4,4 g
Protein	7,5 g
Salt	1,19 g

Allergens

Grains containing gluten

traces possible

Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Mini wholemeal bread roll

Wholegrain pastry, frozen

Article number **1022007**

Weight per unit 40 g Units per carton 60

Net weight of the filling: 2400 g

Carton small box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunskirchen

Österreich

Product description

A crunchy crust thanks to pumpkin seeds and sunflower seeds WHAT I CONTAIN MY BENEFITS Wheat wholemeal flour Pumpikn and sunflower seeds Oat flakes, linseeds Rich in dietary fibre



Preparation

Cooking time: 6 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHOLEMEAL WHEAT FLOUR, water, sunflower seeds, WHOLE WHEAT FLOUR, WHEAT FLOUR, pumpkin seeds, baker's yeast, salt, OAT FLAKES, SESAME, linseed, RYE FLOUR, rapeseed oil, MALTED BARLEY FLOUR, MALTED WHEAT FLOUR, sugar, acidifier acetic acid. May contain traces of SOYA, NUTS and MILK.

Nutritional values per 100g

Energy	1.305 kJ
Energy	316 kcal
Fat	11 g
of this saturated fatty acids :	1,6 g
Carbohydrates	38 g
of this sugar	1,4 g
Roughage	6,9 g
Protein	12 g
Salt	1,21 g

% of the recommended daily dose

Magnesium:	-	-
Iron	-	-
Zinc	-	-
Phosphorus:	-	-
potassium	-	-

Beta-Glucan	-
Milk fat content	0,0 g

Allergens

Grains containing gluten, Sesame

traces possible

Milk, Edible nuts, Soy

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

General dietary recommendations

Diverse forms of nutrition, exercise and a healthy life style are all important factors for healthy living.

Property sheet

High fibre content, Lactose-free, Vegan, Vegetarian, Wholemeal, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Kaiser bun

Wheat bread roll, frozen

Article number **1010523** **PLU-Code: 809**

Weight per unit 60 g Units per carton 37

Net weight of the filling: 2220 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

The classic Austrian bread roll is known for its fluffy consistency and top-quality ingredients.



Preparation

Cooking time: 4 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (WHEAT, RYE) water, baker's yeast, salt, sugar, rapeseed oil, MALTED BARLEY FLOUR, MALTED WHEAT FLOUR. May contain traces of SESAME, SOYA, MILK and NUTS.

Nutritional values per 100g

Energy	1.067 kJ
Energy	254 kcal
Fat	1,0 g
of this saturated fatty acids :	0,3 g
Carbohydrates	50 g
of this sugar	2,2 g
Roughage	2,9 g
Protein	9,4 g
Salt	1,35 g

Allergens

Grains containing gluten

traces possible

Milk, Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

84 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

Kaiser bun

Wheat bread roll, frozen

Article number **1010100**

Weight per unit 60 g Units per carton 37

Net weight of the filling: 2220 g

Carton

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunskirchen

Österreich

Product description

The classic Austrian bread roll is known for its fluffy consistency and top-quality ingredients.



Preparation

Cooking time: 4 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (WHEAT, RYE), water, baker's yeast, salt, rapeseed oil, sugar, MALTED WHEAT FLOUR, MALTED BARLEY FLOUR. May contain traces of SESAME, NUTS, SOYA and MILK.

Nutritional values per 100g

Energy	1.100 kJ
Energy	262 kcal
Fat	1,6 g
of this saturated fatty acids :	0,3 g
Carbohydrates	51 g
of this sugar	2,2 g
Roughage	2,7 g
Protein	9,5 g
Salt	1,37 g

Allergens

Grains containing gluten

traces possible

Milk, Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

84 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Giant cheesy pretzel

Lye products with cheese, frozen

Article number **1013062**

Weight per unit 150 g Units per carton 16

Net weight of the filling: 2400 g

Carton large box

Product description

Large-sized classic lye pretzel sprinkled with savoury cheese.

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich



Preparation

Cooking time: 5 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (WHEAT, RYE), CHEESE 45% fat in dry matter (17%), water, rapeseed oil, MALTED WHEAT FLOUR, salt, baker's yeast, dextrose, dried NATURAL WHEAT SOURDOUGH. Surface treated with soda lye. May contain traces of SESAME and SOYA.

Nutritional values per 100g

Energy	1.219 kJ
Energy	291 kcal
Fat	7,9 g
of this saturated fatty acids :	3,4 g
Carbohydrates	41 g
of this sugar	1,4 g
Roughage	2,4 g
Protein	12 g
Salt	1,52 g

Allergens

Grains containing gluten, Milk

traces possible

Sesame, Soy

Milk fat content: 4,5 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

84 Days

Property sheet

Lactose-free, Vegetarian, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Sprouted seed rolls

Wheat-rye bread rolls, frozen

Article number **1012140**

Weight per unit 90 g Units per carton 25

Net weight of the filling: 2250 g

Carton small box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description



Preparation

Cooking time: 8 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

SPELT FLOUR, germ meal (23%) (SPELT, corn, millet, alfalfa, flax, peas, lentils), water, sunflower seeds, pumpkin seeds, linseed, RYE FLOUR, salt, baker's yeast, SPELLED GLUTEN, Pre-gelatinised spelt starch, sugar. May contain traces of SESAME, SOYA and NUTS.

Nutritional values per 100g

Energy	1.301 kJ
Energy	308 kcal
Fat	12 g
of this saturated fatty acids :	1,4 g
Carbohydrates	37 g
of this sugar	1,1 g
Roughage	6,1 g
Protein	13 g
Salt	1,21 g

Allergens

Grains containing gluten

traces possible

Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

High fibre content, Lactose-free, Vegan, Vegetarian, Palm oil free



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

Multigrain burger

Wheat bread roll, frozen

Article number **1012106**

Weight per unit 80 g Units per carton 30

Net weight of the filling: 2400 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

Perfect for creating wholesome food: Dark, succulent burger bun with sunflower seeds, linseed, oat flakes and sesame.



Preparation

Defrost for 60 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, water, SESAME (3%), linseed (3%), sunflower seeds(3%), glucose syrup, sugar, rapeseed oil, baker's yeast, OAT FLAKES, EDIBLE WHEAT BRAN, salt, WHEAT GLUTENS, MALTED WHEAT FLOUR, dried NATURAL WHEAT SOURDOUGH, dextrose, MALTED BARLEY FLOUR. May contain traces of NUTS and SOYA.

Nutritional values per 100g

Energy	1.335 kJ
Energy	319 kcal
Fat	8,1 g
of this saturated fatty acids :	1,0 g
Carbohydrates	49 g
of this sugar	4,3 g
Roughage	5,1 g
Protein	11 g
Salt	1,14 g

Allergens

Grains containing gluten, Sesame

traces possible

Edible nuts, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Corn stick

Wheat-rye bread rolls, frozen

Article number **1012100**

Weight per unit 65 g Units per carton 50

Net weight of the filling: 3250 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

Multi-grain selection made from wheat, soybean meal, linseed and rye flour, with a choice of salt, poppy seeds or sesame seeds sprinkled on top



Preparation

Cooking time: 5 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, water, RYE MEAL, WHEAT MEAL, salt, SESAME, baker's yeast, WHEAT BRAN, linseed, SOYA BEAN MEAL, blue poppy seeds, BRAISED MALTED WHEY GRAIN, SOYA FLOUR, RYE FLOUR, PREGELATINIZED MALTED RYE FLOUR, RYE FLOUR fried, spices, acidifier (lactic acid, acetic acid), sugar, rapeseed oil, MALTED WHEAT FLOUR, BARLEY MALT.

Nutritional values per 100g

Energy	1.116 kJ
Energy	265 kcal
Fat	4,9 g
of this saturated fatty acids :	0,7 g
Carbohydrates	43 g
of this sugar	0,9 g
Roughage	6,6 g
Protein	11 g
Salt	3,26 g

Allergens

Grains containing gluten, Sesame, Soy

traces possible

contains no

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

56 Days

Property sheet

Lactose-free, Vegan, Vegetarian, Palm oil free



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

corn stick with sesame

Wheat-rye bread rolls, frozen

Article number **1012102**

Weight per unit 65 g Units per carton 50

Net weight of the filling: 3250 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

Multi-grain bread made from wheat, soybean meal, wheat bran, linseed and rye flour, sprinkled with sesame seeds



Preparation

Cooking time: 5 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, water, SESAME, toasted, RYE FLOUR toasted WHEAT FLOUR WHEAT MEAL, WHOLEMEAL RYE FLOUR, WHEAT BRAN, SOYA BEAN MEAL, RYE MEAL, salt, linseed, SOYA FLOUR, WHEAT GLUTENS, BRAISED MALTED WHEY GRAIN, spices, MALTED BARLEY FLOUR, RYE FLOUR, baker's yeast, rapeseed oil, MALTED WHEAT FLOUR, sugar.

Nutritional values per 100g

Energy	1.129 kJ
Energy	269 kcal
Fat	4,0 g
of this saturated fatty acids :	0,6 g
Carbohydrates	45 g
of this sugar	1,7 g
Roughage	5,7 g
Protein	11 g
Salt	1,62 g

Allergens

Grains containing gluten, Sesame, Soy

traces possible

contains no

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian, Palm oil free



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

Bread roll with pumpkin seeds

Wheat-rye bread with pumpkin seeds, frozen

Article number **1012137**

Weight per unit 75 g Units per carton 50

Net weight of the filling: 3750 g

Carton

Product description

Rustic bread rolls refined with Styrian pumpkin seeds and pumpkin seed oil.

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Gunkskirchen
Österreich



Preparation

Cooking time: 8 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (WHEAT, RYE), water, pumpkin seeds (13%), salt, baker's yeast, pumpkin oil, rapeseed oil, MALTED BARLEY FLOUR, MALTED WHEAT FLOUR, sugar. May contain traces of SESAME, SOYA, MILK and NUTS.

Nutritional values per 100g

Energy	1.286 kJ
Energy	307 kcal
Fat	7,8 g
of this saturated fatty acids :	1,5 g
Carbohydrates	45 g
of this sugar	1,7 g
Roughage	4,3 g
Protein	12 g
Salt	1,31 g

Allergens

Grains containing gluten

traces possible

Milk, Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Lye pretzel

Lye pretzel products, frozen

Article number **1013068** **PLU-Code: 182**

Weight per unit 68 g Units per carton 35

Net weight of the filling: 2380 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Günskirchen

Österreich

Product description

Pretzels fresh out of the oven are tasty not only in the bread basket but are especially ideal for combination offers and they promote beverage sales. Sales promoting tools like pretzel stands, pretzel swords, table stands and posters ensure additional sales!



Preparation

Cooking time: 3 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, water, salt, vegetable oil (rape seed), MALTED WHEAT FLOUR, dextrose, dried NATURAL WHEAT SOURDOUGH, baker's yeast. Surface treated with soda lye. May contain traces of SESAME and SOYA.

Nutritional values per 100g

Energy	1.110 kJ
Energy	265 kcal
Fat	3,8 g
of this saturated fatty acids :	0,5 g
Carbohydrates	47 g
of this sugar	1,5 g
Roughage	2,4 g
Protein	9,1 g
Salt	6,29 g

Allergens

Grains containing gluten

traces possible

Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

56 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Lye croissant

Danish lye pastry, frozen

Article number **1013074**

Weight per unit 80 g Units per carton 25

Net weight of the filling: 2000 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

Tasty lye dough variety of the flaky croissant



Preparation

Cooking time: 5 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, BUTTER (21%), water, baker's yeast, EGGS, DRIED LOW-FAT MILK, sugar, salt, WHEAT GLUTENS, WHEAT STARCH, dextrose, PREGELATINIZED WHEAT FLOUR, pregelatinized wheat flour, MALTED WHEAT FLOUR. Surface treated with soda lye. May contain traces of SOYA, SESAME and NUTS.

Nutritional values per 100g

Energy	1.541 kJ
Energy	370 kcal
Fat	19 g
of this saturated fatty acids :	11 g
Carbohydrates	40 g
of this sugar	4,8 g
Roughage	2,1 g
Protein	8,9 g
Salt	1,18 g

Allergens

Grains containing gluten, Milk, Eggs

traces possible

Edible nuts, Sesame, Soy

Milk fat content: 17,9 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Vegetarian, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Lye football roll

Lye pretzel products, frozen

Article number **1013083**

Weight per unit 86 g Units per carton 30

Net weight of the filling: 2580 g

Carton

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description



Preparation

Cooking time: 6 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, water, rapeseed oil, yeast, RYE FLOUR, BARLEY MALT EXTRACT, salt, MALTED WHEAT FLOUR, sugar, WHEAT SEMOLINA, acidity regulator: Sodium hydroxide. May contain traces of EGGS, MILK, SESAME and SOYA.

Nutritional values per 100g

Energy	1.092 kJ
Energy	258 kcal
Fat	3,9 g
of this saturated fatty acids :	0,4 g
Carbohydrates	47 g
of this sugar	2,0 g
Roughage	2,8 g
Protein	7,5 g
Salt	1,50 g

Allergens

Grains containing gluten

traces possible

Milk, Eggs, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

119 Days

Property sheet

Lactose-free, Vegan, Vegetarian, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Pretzel roll

Delicious, flaky lye dough with a sprinkling of sesame seeds in XL format,

Article number **1013076**

Weight per unit 80 g Units per carton 27

Net weight of the filling: 2160 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Günskirchen

Österreich

Product description

Delicious, flaky lye dough with a sprinkling of sesame seeds in XL format, ideal for sandwich fillings.



Preparation

Cooking time: 6 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, BUTTER (21%), water, baker's yeast, SESAME, EGGS, DRIED LOW-FAT MILK, sugar, salt, WHEAT FIBRES, MALTED WHEAT FLOUR, WHEAT GLUTENS. Surface treated with soda lye. May contain traces of SOYA and NUTS.

Nutritional values per 100g

Energy	1.569 kJ
Energy	378 kcal
Fat	21 g
of this saturated fatty acids :	12 g
Carbohydrates	38 g
of this sugar	4,4 g
Roughage	2,5 g
Protein	8,8 g
Salt	1,16 g

Allergens

Grains containing gluten, Milk, Eggs, Sesame

traces possible

Edible nuts, Soy

Milk fat content: 17,9 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Vegetarian, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Lye roll

Lye pretzel products, frozen

Article number **1013058**

Weight per unit 75 g Units per carton 40

Net weight of the filling: 3000 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

Traditional lye roll in the classic style with a sprinkling of salt



Preparation

Cooking time: 7 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (WHEAT, RYE), water, rapeseed oil, salt, baker's yeast, rice flour, MALTED WHEAT FLOUR, NATURAL WHEAT SOURDOUGH dried, dextrose. Surface treated with soda lye. May contain traces of SOYA, NUTS and SESAME.

Nutritional values per 100g

Energy	1.135 kJ
Energy	271 kcal
Fat	3,6 g
of this saturated fatty acids :	1,0 g
Carbohydrates	49 g
of this sugar	1,5 g
Roughage	2,7 g
Protein	9,1 g
Salt	2,31 g

Allergens

Grains containing gluten

traces possible

Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

84 Days

Property sheet

Lactose-free, Vegan, Vegetarian, Palm oil free



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

Lye breadstick

Lye pretzel products, frozen

Article number **1013008**

Weight per unit 63 g Units per carton 60

Net weight of the filling: 3780 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

The unique taste due to leaching ensures a special taste. Lye products can be offered in many combinations for example on the breakfast buffet or with toppings. A pleasure for sure!



Preparation

Cooking time: 5 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, water, baker's yeast, salt, rapeseed oil, MALTED WHEAT FLOUR, dextrose, dried NATURAL WHEAT SOURDOUGH, RYE FLOUR, acidifier acetic acid, rice flour. Surface treated with soda lye. May contain traces of SESAME and SOYA.

Nutritional values per 100g

Energy	1.151 kJ
Energy	275 kcal
Fat	3,6 g
of this saturated fatty acids :	0,9 g
Carbohydrates	49 g
of this sugar	1,6 g
Roughage	2,6 g
Protein	9,5 g
Salt	2,18 g

Allergens

Grains containing gluten

traces possible

Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

56 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

Midi Breakfast mix

All the traditional breakfast varieties in one pack: midi lye breadstick, midi

Article number **1011190**

Units per carton **75**

Net weight of the filling: **3400 g**

Carton **large box**

Product description

All the traditional breakfast varieties in one pack: midi lye breadstick, midi crusty roll and midi fitness roll

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Günskirchen
Österreich



Preparation

Cooking time: 5 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

Midi small crusty loaf (flour (RYE, WHEAT), water, baker's yeast, salt, MALTED BARLEY FLOUR, acidifier acetic acid. May contain traces of SESAME, NUTS and SOYA.), #Midi-Fitnessweckerl# (flour (WHEAT, RYE), water, sunflower seeds, potato flakes, SOYA BEAN MEAL, WHEAT GLUTENS, WHOLEMEAL RYE FLOUR, banana crisps (bananas, coconut oil, sugar), salt, baker's yeast, rapeseed oil, MALTED BARLEY FLOUR, MALTED WHEAT FLOUR, sugar. May contain traces of SESAME, MILK and NUTS.), Midi lye breadstick (flour (WHEAT, RYE), water, rapeseed oil, baker's yeast, salt, MALTED WHEAT FLOUR, dextrose, dried NATURAL WHEAT SOURDOUGH, sugar, MALTED BARLEY FLOUR. Surface treated with soda lye. May contain traces of SESAME and SOYA.)

Nutritional values per 100g

Energy	1.079 kJ
Energy	257 kcal
Fat	3,2 g
of this saturated fatty acids :	0,6 g
Carbohydrates	46 g
of this sugar	1,7 g
Roughage	4,0 g
Protein	9,1 g
Salt	1,23 g

Allergens

Grains containing gluten, Soy

traces possible

Milk, Edible nuts, Sesame

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Midi Kaiser bun

Wheat bread roll, frozen

Article number **1010507**

Weight per unit 40 g Units per carton 70

Net weight of the filling: 2800 g

Carton large box

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Günskirchen
Österreich

Product description

The classic amongst cakes and pastries - now in a practical Midi format. Produced with the best ingredients, the taste and look convince in a unique way.



Preparation

Cooking time: 4 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (WHEAT, RYE), water, baker's yeast, salt, sugar, MALTED BARLEY FLOUR, rapeseed oil, MALTED WHEAT FLOUR. May contain traces of SESAME, SOYA, MILK and NUTS.

Nutritional values per 100g

Energy	1.107 kJ
Energy	266 kcal
Fat	1,0 g
of this saturated fatty acids :	0,3 g
Carbohydrates	52 g
of this sugar	2,2 g
Roughage	2,8 g
Protein	9,7 g
Salt	1,39 g

Allergens

Grains containing gluten

traces possible

Milk, Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

84 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Midi Multigrain mix

The multi-grain trio consisting of midi corn breadstick, midi wholemeal spelt

Article number **1012125**

Units per carton 75

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Günskirchen
Österreich

Net weight of the filling: 3750 g

Carton large box

Product description

The multi-grain trio consisting of midi corn breadstick, midi wholemeal spelt roll and midi wholemeal roll



Preparation

Cooking time: 6 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

#Midi-Vollkörnderl# (WHOLEMEAL WHEAT FLOUR, water, sunflower seeds, WHOLE WHEAT FLOUR, WHEAT FLOUR, pumpkin seeds, baker's yeast, salt, OAT FLAKES, SESAME, linseed, WHEAT GLUTENS, RYE FLOUR, acidifier acetic acid, MALTED BARLEY FLOUR. May contain traces of SOYA.), #Midi-Dinkelvollkornweckerl# (WHOLEMEAL SPELT FLOUR (49%), water, sunflower seeds, EDIBLE CURD CHEESE 20% fat in dry matter, WHEAT GLUTENS, SPELT FLAKES (2%), potato flakes, RYE FLOUR, SESAME, salt, BARLEY MALT, sugar, baker's yeast, acidifier acetic acid. May contain traces of SOYA and NUTS.), Midi grain roll (flour (WHEAT, RYE), water, SESAME, RYE FLOUR toasted, WHEAT FLOUR toasted, baker's yeast, WHEAT MEAL, WHOLEMEAL RYE FLOUR, WHEAT BRAN, SOYA BEAN MEAL, RYE MEAL, salt, linseed, MALTED WHEAT, SOYA FLOUR, WHEAT GLUTENS, spices, MALTED BARLEY FLOUR, rapeseed oil. sugar.)

Allergens

Grains containing gluten, Milk, Sesame, Soy

traces possible

Edible nuts

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Nutritional values per 100g

Energy	1.214 kJ
Energy	289 kcal
Fat	7,2 g
of this saturated fatty acids :	1,1 g
Carbohydrates	42 g
of this sugar	2,4 g
Roughage	6,3 g
Protein	12 g
Salt	1,31 g

Milk fat content: 0,1 g

Property sheet

Vegetarian, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Midi pretzel roll

Danish lye pastry, frozen

Article number **1013078**

Weight per unit 40 g Units per carton 50

Net weight of the filling: 2000 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description



Preparation

Cooking time: 5 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, BUTTER (21%), water, baker's yeast, SESAME, EGGS, DRIED LOW-FAT MILK, sugar, salt, WHEAT FIBRES, MALTED WHEAT FLOUR, WHEAT GLUTENS. Surface treated with soda lye. May contain traces of SOYA and NUTS.

Nutritional values per 100g

Energy	1.564 kJ
Energy	376 kcal
Fat	20 g
of this saturated fatty acids :	12 g
Carbohydrates	38 g
of this sugar	4,4 g
Roughage	2,5 g
Protein	8,8 g
Salt	1,15 g

Allergens

Grains containing gluten, Milk, Eggs, Sesame

traces possible

Edible nuts, Soy

Milk fat content: 17,6 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Vegetarian, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Midi rye bread roll

Wheat-rye bread rolls, frozen

Article number **1011206**

Weight per unit 45 g Units per carton 35

Net weight of the filling: 1575 g

Carton

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Günskirchen

Österreich

Product description

Shaped with the best artisan craftsmanship in the popular midi size – a delicious addition to the breakfast menu



Preparation

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (RYE (38%), WHEAT), water, baker's yeast, MALTED WHEAT FLOUR, BARLEY MALT, rapeseed oil, sugar, salt, acidifier acetic acid. May contain traces of SESAME, NUTS and SOYA ..

Nutritional values per 100g

Energy	1.064 kJ
Energy	252 kcal
Fat	1,1 g
of this saturated fatty acids :	0,3 g
Carbohydrates	49 g
of this sugar	1,8 g
Roughage	4,6 g
Protein	8,7 g
Salt	1,27 g

Allergens

Grains containing gluten

traces possible

Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Midi walnut roll

Wheat-rye bread with walnuts, frozen

Article number **1011205**

Weight per unit 45 g Units per carton 30

Net weight of the filling: 1350 g

Carton

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Günskirchen

Österreich

Product description

Delicious breakfast pastry in lighter midi format enhanced with walnuts and a rustic crust



Preparation

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, water, WALNUTS (12%), salt, baker's yeast, MALTED WHEAT FLOUR, BARLEY MALT, RYE FLOUR, rapeseed oil, sugar. May contain traces of SOYA, MILK and SESAME.

Nutritional values per 100g

Energy	1.265 kJ
Energy	302 kcal
Fat	8,7 g
of this saturated fatty acids :	1,0 g
Carbohydrates	45 g
of this sugar	2,3 g
Roughage	3,3 g
Protein	10 g
Salt	1,19 g

Allergens

Grains containing gluten, Edible nuts

traces possible

Milk, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Plaited poppy seed roll

Wheat bread roll, frozen

Article number **1011092**

Weight per unit 75 g Units per carton 30

Net weight of the filling: 2250 g

Carton large box

Product description

Popular, plaited, and in XL format – made from fine bread roll dough and sprinkled with poppy seeds and salt

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Günskirchen
Österreich



Preparation

Cooking time: 5 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, water, RYE FLOUR, blue poppy seeds, baker's yeast, salt, rapeseed oil, sugar, MALTED BARLEY FLOUR. May contain traces of SESAME, SOYA and MILK.

Nutritional values per 100g

Energy	1.129 kJ
Energy	269 kcal
Fat	4,3 g
of this saturated fatty acids :	0,6 g
Carbohydrates	46 g
of this sugar	2,1 g
Roughage	3,9 g
Protein	9,5 g
Salt	2,54 g

Allergens

Grains containing gluten

traces possible

Milk, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

56 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Poppy and sesame seed mix

Wheat bread roll, frozen

Article number **1010522**

Weight per unit 55 g Units per carton 45

Net weight of the filling: 2475 g

Carton large box

Product description

Popular selection of traditional bread rolls made of wheat and rye flour, sprinkled with poppy or sesame seeds

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Gunskirchen
Österreich



Preparation

Cooking time: 4 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (WHEAT, RYE), water, baker's yeast, blue poppy seeds, SESAME, salt, sugar, rapeseed oil, MALTED WHEAT FLOUR, MALTED BARLEY FLOUR.
May contain traces of NUTS, MILK and SOYA.

Nutritional values per 100g

Energy	1.144 kJ
Energy	274 kcal
Fat	3,2 g
of this saturated fatty acids :	0,5 g
Carbohydrates	49 g
of this sugar	2,2 g
Roughage	3,2 g
Protein	9,8 g
Salt	1,33 g

Allergens

Grains containing gluten, Sesame

traces possible

Milk, Edible nuts, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

84 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

Muesli roll

Wholegrain pastry with nuts and dried fruit, frozen

Article number **1012076**

Weight per unit 80 g Units per carton 30

Net weight of the filling: 2400 g

Carton small box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

Wholemeal wheat flour, linseed, dried fruits such as cranberries and plums, all packed into a bread roll with honey and buttermilk



Preparation

Cooking time: 8 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHOLEMEAL WHEAT FLOUR (42%), dried fruit (13%) (cranberries (cranberries, sugar), sultanas, Plums), water, BUTTERMILK 1% fat, HAZELNUTS (7%), WHEAT GLUTENS, cornflour, honey, WHEAT FLOUR, baker's yeast, salt, linseed, MALTED WHEAT FLOUR, NATURAL WHEAT SOURDOUGH dried, dextrose, acidifier acetic acid. May contain traces of SESAME, PEANUTS and SOYA.

Nutritional values per 100g

Energy	1.202 kJ
Energy	286 kcal
Fat	6,1 g
of this saturated fatty acids :	0,7 g
Carbohydrates	45 g
of this sugar	13 g
Roughage	6,2 g
Protein	11 g
Salt	0,93 g

% of the recommended daily dose

Magnesium:	74,2 mg	20 %
Iron	2,7 mg	19 %
Zinc	2,0 mg	20 %
Phosphorus:	235,0 mg	34 %
potassium	-	-

Beta-Glucan	-
Milk fat content	0,1 g

Allergens

Grains containing gluten, Milk, Edible nuts

traces possible

Peanuts, Sesame, Soy

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

General dietary recommendations

Diverse forms of nutrition, exercise and a healthy life style are all important factors for healthy living.

Property sheet

High fibre content, Vegetarian, Wholemeal, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Resch Hand-crafted bun

Wheat bread roll, frozen

Article number **1010513**

Weight per unit 65 g Units per carton 40

Net weight of the filling: 2600 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

Fluffy, tasty, crisp. The heart of the Resch&Frisch baker's art created according to an old recipe and kneaded with love. The long resting period means that the crisp hand-made roll is fluffy and crumbly, with a very special taste. A roll cannot taste better.



Preparation

Cooking time: 5 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, water, RYE FLOUR, baker's yeast, salt, sugar, MALTED BARLEY FLOUR, MALTED WHEAT FLOUR, WHEAT GLUTENS, rapeseed oil, spices, acidifier acetic acid. May contain traces of SESAME, SOYA, MILK and NUTS.

Nutritional values per 100g

Energy	1.101 kJ
Energy	262 kcal
Fat	0,9 g
of this saturated fatty acids :	0,2 g
Carbohydrates	52 g
of this sugar	2,1 g
Roughage	2,9 g
Protein	9,7 g
Salt	1,31 g

Allergens

Grains containing gluten

traces possible

Milk, Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

84 Days

Property sheet

Lactose-free, Vegan, Vegetarian, Palm oil free



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

Reschling bread roll

Wheat-rye bread rolls, frozen

Article number **1012120**

Weight per unit 58 g Units per carton 45

Net weight of the filling: 2610 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

Wheat and rye flour and meal, linseed and sunflower seeds make the crunchy-fresh Reschling bread roll especially tasty.



Preparation

Cooking time: 5 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (WHEAT, RYE), water, WHOLEMEAL RYE MEAL, WHEAT MEAL, SESAME, baker's yeast, salt, MALTED WHEAT FLOUR, WHEAT GLUTEN, SOYA FLOUR, SOYA BEAN MEAL, sunflower seeds, linseed, roasted rye malt flour, dextrose, spices, acidifier lactic acid, dried RYE SOURDOUGH, emulsifiers (mono- and diglycerides traces of fatty acids, SOYA LECITHIN), thickener carboxymethyl cellulose. May contain traces of NUTS.

Nutritional values per 100g

Energy	1.180 kJ
Energy	282 kcal
Fat	4,3 g
of this saturated fatty acids :	0,8 g
Carbohydrates	47 g
of this sugar	2,1 g
Roughage	4,8 g
Protein	11 g
Salt	1,89 g

Allergens

Grains containing gluten, Sesame, Soy

traces possible

Edible nuts

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Maxi pretzel

Lye pretzel products, frozen

Article number **1013009**

Weight per unit 140 g Units per carton 16

Net weight of the filling: 2240 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

Whether in the restaurant garden, at the regulars table or at the bar: The maxi pretzels of Resch&Frisch are always popular! Served fresh out of the oven your guests will enjoy this special treat - preparation is possible within minutes!



Preparation

Cooking time: 5 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (WHEAT, RYE), water, salt, rapeseed oil, baker's yeast, MALTED WHEAT FLOUR, dried NATURAL WHEAT SOURDOUGH, dextrose. Surface treated with soda lye. May contain traces of SESAME and SOYA.

Nutritional values per 100g

Energy	1.110 kJ
Energy	265 kcal
Fat	3,9 g
of this saturated fatty acids :	0,5 g
Carbohydrates	47 g
of this sugar	1,6 g
Roughage	2,8 g
Protein	8,7 g
Salt	4,68 g

Allergens

Grains containing gluten

traces possible

Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

56 Days

Property sheet

Lactose-free, Vegan, Vegetarian, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Rye buns

Wheat-rye bread rolls, frozen

Article number **1011058**

Weight per unit 110 g Units per carton 24

Net weight of the filling: 2640 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

Rustic sensation with high rye content for extra full flavour, in popular double roll shape



Preparation

Cooking time: 6 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (RYE (33%), WHEAT), water, baker's yeast, BARLEY MALT, WHEAT GLUTENS, salt, RYE MALT, acidifier (acetic acid). May contain traces of SOYA and SESAME.

Nutritional values per 100g

Energy	1.029 kJ
Energy	244 kcal
Fat	1,1 g
of this saturated fatty acids :	0,3 g
Carbohydrates	47 g
of this sugar	1,9 g
Roughage	4,5 g
Protein	8,7 g
Salt	1,31 g

Allergens

Grains containing gluten

traces possible

Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Rye bread rolls

Wheat-rye bread rolls, frozen

Article number **1011209**

Weight per unit 70 g Units per carton 50

Net weight of the filling: 3500 g

Carton

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

Delicious bread roll made from premium rye and wheat flour, with a crispy crust and fluffy consistency, without bread seasoning



Preparation

Cooking time: 7 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (RYE, WHEAT), water, baker's yeast, cooking salt, MALTED WHEAT FLOUR, BARLEY MALT, rapeseed oil, sugar, acidifier acetic acid. May contain traces of SESAME and SOYA ..

Nutritional values per 100g

Energy	1.041 kJ
Energy	247 kcal
Fat	1,0 g
of this saturated fatty acids :	0,2 g
Carbohydrates	49 g
of this sugar	1,7 g
Roughage	4,6 g
Protein	7,8 g
Salt	1,28 g

Allergens

Grains containing gluten

traces possible

Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian, Palm oil free



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

Crispy rye bread roll

Wholegrain rye flour roll, frozen

Article number **1012128**

Weight per unit 120 g Units per carton 20

Net weight of the filling: 2400 g

Carton

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunskirchen

Österreich

Product description

Made from wholemeal rye flour, extra crusty and with a spicy rustic flavour – the nourishing addition to the bread basket



Preparation

Cooking time: 10 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHOLEMEAL RYE FLOUR, water, RYE FLOUR, SPELLED GLUTEN, baker's yeast, salt, Pre-gelatinised spelt starch, spices. May contain traces of SESAME, NUTS and SOYA.

Nutritional values per 100g

Energy	848 kJ
Energy	201 kcal
Fat	1,2 g
of this saturated fatty acids :	0,2 g
Carbohydrates	37 g
of this sugar	1,1 g
Roughage	7,8 g
Protein	7,0 g
Salt	1,14 g

Allergens

Grains containing gluten

traces possible

Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

High fibre content, Lactose-free, Vegan, Vegetarian, Wholemeal, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Rye bread roll

Wheat-rye bread rolls, frozen

Article number **1011015**

Weight per unit 60 g Units per carton 60

Net weight of the filling: 3600 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

The aromatic rye bread roll - a famous classic in the bakery world - convinces with its moist taste and great crust.



Preparation

Cooking time: 6 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (RYE (31%), WHEAT), water, spices, salt, WHEAT GLUTENS, baker's yeast, MALTED WHEAT FLOUR, MALTED BARLEY FLOUR, rapeseed oil, sugar, acidifier acetic acid. May contain traces of SESAME, NUTS, MILK and SOYA.

Nutritional values per 100g

Energy	1.055 kJ
Energy	250 kcal
Fat	1,3 g
of this saturated fatty acids :	0,3 g
Carbohydrates	49 g
of this sugar	1,8 g
Roughage	4,5 g
Protein	8,6 g
Salt	1,21 g

Allergens

Grains containing gluten

traces possible

Milk, Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian, Palm oil free



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

Maxi salted stick

Wheat bread roll, frozen

Article number **1011028**

Weight per unit 60 g Units per carton 35

Net weight of the filling: 2100 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

Crispy on the outside, fluffy on the inside, and sprinkled with salt and caraway seeds – the large salted breadstick is ideal for sandwich fillings



Preparation

Cooking time: 4 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (WHEAT, RYE), water, salt, baker's yeast, rapeseed oil, MALTED WHEAT FLOUR, BARLEY MALT, sugar, cumin. May contain traces of SESAME and SOYA ..

Nutritional values per 100g

Energy	1.094 kJ
Energy	259 kcal
Fat	2,0 g
of this saturated fatty acids :	0,3 g
Carbohydrates	50 g
of this sugar	1,0 g
Roughage	3,2 g
Protein	9,1 g
Salt	8,03 g

Allergens

Grains containing gluten

traces possible

Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

56 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Bread roll Sport

Wholemeal bread roll with vegetables and nuts, frozen

Article number **1011207**

Weight per unit 80 g Units per carton 40

Net weight of the filling: 3200 g

Carton

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

The ideal snack for eating on-the-go, even without a filling

WHAT I CONTAIN

MY BENEFITS



Preparation

Cooking time: 8 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHOLEMEAL WHEAT FLOUR, water, SOYA FLOUR, carrots (7%), sunflower seeds, WHOLEMEAL RYE MEAL, peas (5%), WALNUTS (3%), flour (RYE, WHEAT), WHEAT GLUTENS, baker's yeast, salt, MALTED WHEAT FLOUR, NATURAL WHEAT SOURDOUGH dried, dextrose, acidifier acetic acid. May contain traces of SESAME.

Nutritional values per 100g

Energy	1.081 kJ
Energy	258 kcal
Fat	7,8 g
of this saturated fatty acids :	1,1 g
Carbohydrates	31 g
of this sugar	1,9 g
Roughage	6,6 g
Protein	13 g
Salt	1,30 g

Allergens

Grains containing gluten, Edible nuts, Soy

traces possible

Sesame

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

High fibre content, Lactose-free, Vegan, Vegetarian, Wholemeal, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Assorted superfood rolls

Bread assortment, frozen

Article number **1012141**

Units per carton 40

Net weight of the filling: 3100 g

Carton big box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Günskirchen

Österreich

Product description

Varied selection packed with homegrown superfood ingredients for nourishing enjoyment



Preparation

Cooking time: power bar, soy stick, oat roll: 6 minutes, bread roll Sport: 8 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

Bread roll Sport (WHOLEMEAL WHEAT FLOUR, water, SOYA FLOUR, carrots (7%), sunflower seeds, WHOLEMEAL RYE FLOUR, peas (5%), WALNUTS (3%), WHEAT GLUTENS, flour (RYE, WHEAT), baker's yeast, salt, MALTED WHEAT FLOUR, NATURAL WHEAT SOURDOUGH dried, dextrose, acidifier acetic acid. May contain traces of SESAME.), Soy stick (flour (WHEAT, RYE), water, SOYA BEAN MEAL (18%), baker's yeast, spices, salt, MALTED BARLEY FLOUR, acidifier acetic acid. May contain traces of NUTS and SESAME.), Oat roll (flour (WHEAT, RYE), water, WHOLE OAT FLOUR (12%), buckwheat (6%), baker's yeast, vegetable oil (rape seed), salt, PREGELATINIZED MALTED RYE FLOUR, MALTED BARLEY FLOUR. May contain traces of SOYA, NUTS and SESAME.), Power bar (WHEAT FLOUR, water, chickpea flour (13%), lentils (13%), WHEAT GLUTENS, RYE FLOUR, baker's yeast, salt, MALTED BARLEY FLOUR. May contain traces of SESAME, NUTS and SOYA.)

Nutritional values per 100g

Energy	1.051 kJ
Energy	251 kcal
Fat	4,4 g
of this saturated fatty acids :	0,7 g
Carbohydrates	38 g
of this sugar	1,5 g
Roughage	6,1 g
Protein	12 g
Salt	1,17 g

Allergens

Grains containing gluten, Edible nuts, Soy

traces possible

Sesame

Milk fat content 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Vintschgerl bread roll

Wheat-rye bread rolls, frozen

Article number **1011208**

Weight per unit 70 g Units per carton 50

Net weight of the filling: 3500 g

Carton

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Gunskirchen
Österreich

Product description

Aromatic bread roll made of wheat and rye flour, typical taste of caraway and bread spices.



Preparation

Cooking time: 7 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (WHEAT, RYE), water, baker's yeast, cooking salt, spices, BARLEY MALT, acidifier acetic acid. May contain traces of SESAME, NUTS and SOYA.

Nutritional values per 100g

Energy	1.036 kJ
Energy	246 kcal
Fat	1,2 g
of this saturated fatty acids :	0,2 g
Carbohydrates	48 g
of this sugar	1,7 g
Roughage	4,6 g
Protein	7,9 g
Salt	1,25 g

Allergens

Grains containing gluten

traces possible

Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

Wholemeal roll

Wholegrain pastry, frozen

Article number **1012134**

Weight per unit 75 g Units per carton 50

Net weight of the filling: 3750 g

Carton

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunskirchen

Österreich

Product description

Made from the best wholemeal wheat flour and combined with pumpkin and sunflower seeds as well as oat flakes and linseed.



Preparation

Cooking time: 6 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHOLEMEAL WHEAT FLOUR, water, sunflower seeds, WHOLE WHEAT FLOUR, pumpkin seeds, WHEAT FLOUR, baker's yeast, OAT FLAKES, SESAME, linseed, salt, WHEAT GLUTENS, RYE FLOUR, MALTED BARLEY FLOUR, acidifier acetic acid. May contain traces of SOYA, MILK and NUTS.

Nutritional values per 100g

Energy	1.271 kJ
Energy	304 kcal
Fat	10 g
of this saturated fatty acids :	1,4 g
Carbohydrates	38 g
of this sugar	1,7 g
Roughage	7,0 g
Protein	13 g
Salt	1,14 g

Allergens

Grains containing gluten, Sesame

traces possible

Milk, Edible nuts, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

High fibre content, Lactose-free, Vegan, Vegetarian, Wholemeal, Palm oil free



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

Wachauer bread roll

Wheat bread roll, frozen

Article number **1011123**

Weight per unit 50 g Units per carton 50

Net weight of the filling: 2500 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

The original Wachauer bread roll promises rustic enjoyment on a highest level. This typical Austrian product can be used in many ways - in the classic bread basket or as a special side for wine and cheese!



Preparation

Cooking time: 5 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (WHEAT, RYE), water, baker's yeast, salt, sugar, MALTED WHEAT FLOUR, NATURAL WHEAT SOURDOUGH dried, dextrose, BARLEY MALT, acidifier acetic acid. May contain traces of SESAME and SOYA ..

Nutritional values per 100g

Energy	1.116 kJ
Energy	266 kcal
Fat	1,0 g
of this saturated fatty acids :	0,3 g
Carbohydrates	52 g
of this sugar	2,6 g
Roughage	3,2 g
Protein	9,5 g
Salt	1,32 g

Allergens

Grains containing gluten

traces possible

Lupines, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

84 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

Rustic walnut roll

Wheat-rye bread with walnuts, frozen

Article number **1011189**

Weight per unit 70 g Units per carton 45

Net weight of the filling: 3150 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

Fluffy bread roll with rustic crust, refined with walnuts for a wonderful nutty flavour



Preparation

Cooking time: 7 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, water, WALNUTS (11%), salt, BARLEY MALT, baker's yeast, MALTED WHEAT FLOUR, RYE FLOUR, rapeseed oil, sugar. May contain traces of SOYA, MILK and SESAME.

Nutritional values per 100g

Energy	1.302 kJ
Energy	311 kcal
Fat	8,4 g
of this saturated fatty acids :	1,0 g
Carbohydrates	48 g
of this sugar	2,3 g
Roughage	3,4 g
Protein	11 g
Salt	1,14 g

Allergens

Grains containing gluten, Edible nuts

traces possible

Milk, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

World champion bread roll

Wheat-rye bread rolls, frozen

Article number **1012098**

Weight per unit 70 g Units per carton 50

Net weight of the filling: 3500 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

Rustic bread rolls with a high proportion of grain - sprinkled with two different coatings: sunflower seeds on the bottom and poppy seeds, sesame seeds and salt on the top.



Preparation

Cooking time: 7 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (WHEAT, RYE), water, sunflower seeds, poppy seed, SESAME, SOYA BEAN MEAL, OAT FLAKES, salt, linseed, baker's yeast, BARLEY MALT, MALTED WHEAT FLOUR, sugar, rapeseed oil. May contain traces of NUTS and MILK.

Nutritional values per 100g

Energy	1.278 kJ
Energy	305 kcal
Fat	9,5 g
of this saturated fatty acids :	1,2 g
Carbohydrates	42 g
of this sugar	1,6 g
Roughage	5,2 g
Protein	12 g
Salt	1,06 g

Allergens

Grains containing gluten, Sesame, Soy

traces possible

Milk, Edible nuts

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Bavarian pretzel

Lye pretzel products, frozen

Article number **1013048**

Weight per unit 210 g Units per carton 9

Net weight of the filling: 1890 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

Popular lye bread pretzel in XL format with a traditional sprinkling of salt – a hit far beyond the Oktoberfest



Preparation

Cooking time: 6 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, water, RYE FLOUR, salt, rapeseed oil, baker's yeast, MALTED BARLEY FLOUR. Surface treated with soda lye. May contain traces of SOYA and SESAME.

Nutritional values per 100g

Energy	1.136 kJ
Energy	271 kcal
Fat	4,0 g
of this saturated fatty acids :	0,5 g
Carbohydrates	48 g
of this sugar	1,7 g
Roughage	3,3 g
Protein	8,8 g
Salt	3,62 g

Allergens

Grains containing gluten

traces possible

Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

56 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free