



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Large baguette

Wheat bread roll, frozen

Article number **1031043**

Weight per unit 210 g Units per carton 12

Net weight of the filling: 2520 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

The classic baguette made from a perfect combination of wheat and rye flour – soft on the inside and crispy on the outside



Preparation

Cooking time: 8 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, water, salt, baker's yeast, RYE FLOUR, MALTED BARLEY FLOUR, rapeseed oil, MALTED WHEAT FLOUR, sugar. May contain traces of SESAME, SOYA, MILK and NUTS.

Nutritional values per 100g

Energy	1.022 kJ
Energy	244 kcal
Fat	1,0 g
of this saturated fatty acids :	0,3 g
Carbohydrates	48 g
of this sugar	1,5 g
Roughage	2,7 g
Protein	9,1 g
Salt	1,29 g

Allergens

Grains containing gluten

traces possible

Milk, Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

84 Days

Property sheet

Lactose-free, Vegan, Vegetarian, Palm oil free



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

Small baguette

Wheat bread roll, frozen

Article number **1031004**

Weight per unit 80 g Units per carton 30

Net weight of the filling: 2400 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

Small traditional baguette made from a perfect mixture of wheat and rye flour, ideal for sandwich fillings



Preparation

Cooking time: 5 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, water, baker's yeast, salt, RYE FLOUR, MALTED BARLEY FLOUR, rapeseed oil, MALTED WHEAT FLOUR, sugar. May contain traces of SESAME, SOYA, MILK and NUTS.

Nutritional values per 100g

Energy	1.048 kJ
Energy	250 kcal
Fat	1,0 g
of this saturated fatty acids :	0,3 g
Carbohydrates	49 g
of this sugar	1,6 g
Roughage	2,8 g
Protein	9,2 g
Salt	1,23 g

Allergens

Grains containing gluten

traces possible

Milk, Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

84 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Rustic baguette mix

Wheat bread roll assortment, frozen

Article number **1031028**

Units per carton 12

Net weight of the filling: 2560 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Günskirchen

Österreich

Product description

The rustic baguette assortment of Resch&Frisch is produced in the traditional baking procedure with long proving of the dough - the dough has the necessary time to unfold. The wheat pre-dough, the rye sourdough and 18 hours of standing time of the dough ensure fantastic taste!



Preparation

Cooking time: 8 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

Wheat baguette (WHEAT FLOUR, water, salt, MALTED WHEAT FLOUR, MALTED BARLEY FLOUR, baker's yeast, RYE FLOUR, rapeseed oil, sugar. May contain traces of SOYA, NUTS, MILK and SESAME.) walnut baguette (WHEAT FLOUR, water, WALNUTS (11%), salt, MALTED WHEAT FLOUR, MALTED BARLEY FLOUR, baker's yeast, RYE FLOUR, rapeseed oil, sugar. May contain traces of MILK, SOYA and SESAME.), root baguette (WHEAT FLOUR, water, salt, MALTED WHEAT FLOUR, MALTED BARLEY FLOUR, baker's yeast, RYE FLOUR, rapeseed oil, sugar. May contain traces of MILK, SOYA, NUTS and SESAME.)

Nutritional values per 100g

Energy	991 kJ
Energy	237 kcal
Fat	2,2 g
of this saturated fatty acids :	0,4 g
Carbohydrates	44 g
of this sugar	1,6 g
Roughage	2,6 g
Protein	8,6 g
Salt	1,23 g

Allergens

Grains containing gluten, Edible nuts

traces possible

Milk, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Organic baguette mix

Organic baguette assortment, frozen

Article number **1031029**

Weight per unit 280 g Units per carton 14

Net weight of the filling: 3920 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

The special production process, time and best natural raw materials characterize the rustic organic baguettes of Resch&Frisch. Both products are produced with high quality sour dough and are an ideal side for soup and appetizers, or in a bread basket. lactose-free



Preparation

Cooking time: 10 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR*, water, RYE MEAL*, RYE FLOUR*, WHOLEMEAL RYE FLOUR*, salt, baker's yeast, WHEAT GLUTENS*, MALTED WHEAT FLOUR*, PREGELATINISED RYE FLOUR*, acidifier lactic acid. *From certified organic farming. May contain traces of SESAME, NUTS and SOYA.

Nutritional values per 100g

Energy	1.008 kJ
Energy	238 kcal
Fat	0,7 g
of this saturated fatty acids :	0,2 g
Carbohydrates	46 g
of this sugar	1,2 g
Roughage	4,0 g
Protein	8,1 g
Salt	1,25 g

Allergens

Grains containing gluten

traces possible

Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Organic, Lactose-free, Vegan, Vegetarian, Palm oil free

*The products can be subject to recipe changes.



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Organic bread mix

Organic bread assortment, frozen

Article number **1030036**

Units per carton **9**

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Gunkskirchen
Österreich

Net weight of the filling: **3530 g**

Carton **small box**

Product description

Moist pumpkin seed bread, nutritious spelt bread, tasty crusty bread or nutritious multigrain bread - this bread mix meets even the highest demands! The organic bread types are not only unique in taste - their shapes are also especially attractive and versatile!



Preparation

Defrost for 180 minutes - cooking time: 12-15 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

water, RYE FLOUR*, WHEAT FLOUR*, sunflower seeds*, RYE MEAL*, WHOLEMEAL SPELT FLOUR*, SESAME*, linseed*, pumpkin seeds*, salt, baker's yeast, vegetable oil* (sunflower), PREGELATINISED RYE FLOUR*, spices*, WHOLEMEAL RYE FLOUR*, acidifier lactic acid. *From certified organic farming. May contain traces of SOYA and NUTS.

Nutritional values per 100g

Energy	1.157 kJ
Energy	275 kcal
Fat	9,7 g
of this saturated fatty acids :	1,2 g
Carbohydrates	35 g
of this sugar	0,8 g
Roughage	5,0 g
Protein	9,4 g
Salt	1,17 g

Allergens

Grains containing gluten, Sesame

traces possible

Edible nuts, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Organic, Lactose-free, Vegan,
Vegetarian, Palm oil free

*The products can be subject to recipe changes.



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

Organic multigrain bread

Organic wheat-rye bread, frozen

Article number **1030037**

Weight per unit 500 g Units per carton 9

Net weight of the filling: 4500 g

Carton small box

Product description

Organic, succulent bread made with a high proportion of sunflower seeds, sesame seeds and linseeds

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Gunskirchen
Österreich



Preparation

Defrost for 180 minutes - cooking time: 15 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

water, sunflower seeds* (22%), RYE FLOUR*, RYE MEAL* (7%), SESAME* (7%), linseed* (6%), WHEAT FLOUR*, salt, baker's yeast, PREGELATINISED RYE FLOUR*, WHOLEMEAL RYE FLOUR*, acidifier lactic acid. *From certified organic farming. May contain traces of SOYA and NUTS.

Nutritional values per 100g

Energy	1.303 kJ
Energy	312 kcal
Fat	17 g
of this saturated fatty acids :	2,0 g
Carbohydrates	26 g
of this sugar	0,5 g
Roughage	4,6 g
Protein	12 g
Salt	1,13 g

Allergens

Grains containing gluten, Sesame

traces possible

Edible nuts, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Consumer reference

2 Days trocken u

Property sheet

Organic, Lactose-free, Vegan,
Vegetarian, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Classic bread selection

Bread assortment, frozen

Article number **1030030**

Units per carton **8**

Net weight of the filling: **4700 g**

Carton **small box**

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

Variety is in demand not only among baked products - guests also want more selection of different types of bread. Our four types in the classic bread mix include something for every taste



Preparation

Defrost for 180 minutes - cooking time: 15 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (RYE, WHEAT), water, sunflower seeds, WHOLEMEAL RYE FLOUR, baker's yeast, salt, SOYA BEAN MEAL, WHEAT GERM, SESAME, linseed, potato flakes, WHEAT GLUTENS, SPELT FLAKES, Cracked buckwheat, WHOLE WHEAT FLOUR, MALTED BARLEY FLOUR, rapeseed oil, pumpkin seeds, millet, PREGELATINIZED MALTED RYE FLOUR, bread spices, acidifier acetic acid. May contain traces of NUTS.

Nutritional values per 100g

Energy	991 kJ
Energy	235 kcal
Fat	3,6 g
of this saturated fatty acids :	0,5 g
Carbohydrates	40 g
of this sugar	1,4 g
Roughage	5,1 g
Protein	8,5 g
Salt	1,22 g

Allergens

Grains containing gluten, Sesame, Soy

traces possible

Edible nuts

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian, Palm oil free



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

Spelt wholemeal bread

Spelt wholemeal bread, frozen

Article number **1030131**

Weight per unit 470 g Units per carton 5

Net weight of the filling: 2350 g

Carton

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunskirchen

Österreich

Product description

Wholesome, flavoursome bread made of spelt wholemeal flour WHAT I CONTAIN MY BENEFITS Spelt wholemeal flour Sunflower seeds Apple Rich in dietary fibre Wheat-free



Preparation

Defrost for 120minutes - cooking time: 15 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHOLEMEAL SPELT FLOUR, water, sunflower seeds, RYE FLOUR, SPELT FLAKES, SOYA BEAN MEAL, diced apple dried, potato flakes, salt, baker's yeast, acidifier acetic acid. May contain traces of SESAME and NUTS.

Nutritional values per 100g

Energy	988 kJ
Energy	234 kcal
Fat	5,9 g
of this saturated fatty acids :	0,7 g
Carbohydrates	34 g
of this sugar	3,1 g
Roughage	5,5 g
Protein	8,8 g
Salt	1,32 g

Allergens

Grains containing gluten, Soy

traces possible

Edible nuts, Sesame

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian, Wholemeal, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Finnish bread

Wheat-rye bread, frozen

Article number **1030132**

Weight per unit 500 g Units per carton 5

Net weight of the filling: 2500 g

Carton

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Gunkskirchen
Österreich

Product description

Moist 100% rye bread with a particularly intense flavour thanks to the amount of rye. The dough of this wholegrain rye bread comprises 90% rye meal and 10% wholemeal flour - and part of the meal is made up of the original type of rye called perennial rye . Its very high fibre content makes this bread ideal for health-conscious consumers. WHAT I CONTAIN MY BENEFITS Rye meal and flour Perennial rye meal Linseeds Rich in dietary fibre Wheat-free



Preparation

Defrost for 120 minutes - cooking time: 15 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

water, WHEAT FLOUR, RYE FLOUR, sunflower seeds, toasted RYE FLOUR, toasted WHEAT FLOUR, SOYA BEAN MEAL, WHEAT MEAL, WHEAT BRAN, RYE MEAL, WHOLEMEAL RYE FLOUR, linseed, salt, SOYA FLOUR, BRAISED MALTED WHEY GRAIN, WHEAT GLUTENS, baker's yeast, salt, spices. May contain traces of SESAME and NUTS.

Nutritional values per 100g

Energy	1.156 kJ
Energy	275 kcal
Fat	8,8 g
of this saturated fatty acids :	1,0 g
Carbohydrates	35 g
of this sugar	1,5 g
Roughage	7,1 g
Protein	11 g
Salt	1,38 g

Allergens

Grains containing gluten, Soy

traces possible

Edible nuts, Sesame

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

High fibre content, Lactose-free,
Vegan, Vegetarian, Palm oil free



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

Grande Ciabatta

Wheat bread roll, frozen

Article number **1031005**

Weight per unit 250 g Units per carton 10

Net weight of the filling: 2500 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

The extra large version of the Ciabatta! The tasty grande Ciabatta provides your guests with Mediterranean joy of life. As a side appetizer, for salads, filled in the take-away area or in a bread basket - there are nearly no limits!



Preparation

Cooking time: 10 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (WHEAT, RYE), water, olive oil, baker's yeast, salt, MALTED WHEAT FLOUR, MALTED BARLEY FLOUR, rapeseed oil, sugar. May contain traces of SOYA, MILK, NUTS and SESAME.

Nutritional values per 100g

Energy	1.114 kJ
Energy	266 kcal
Fat	2,7 g
of this saturated fatty acids :	0,5 g
Carbohydrates	49 g
of this sugar	1,6 g
Roughage	2,6 g
Protein	9,5 g
Salt	1,31 g

Allergens

Grains containing gluten

traces possible

Milk, Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Wheat and Rye House Loaf

Wheat-rye bread, frozen

Article number **1030067**

Weight per unit 750 g Units per carton 7

Net weight of the filling: 5250 g

Carton large box

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Gunskirchen
Österreich

Product description

This light wheat and rye bread has been baked without bread spice and therefore has a pleasantly harmonious taste. The bread is suitable for a large variety of fillings and toppings, from sweet to spicy.



Preparation

Defrost for 120 minutes - cooking time: 15 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (RYE (38%), WHEAT), water, baker's yeast, salt, DRIED LOW-FAT MILK, rapeseed oil. May contain traces of SOYA, NUTS and SESAME.

Nutritional values per 100g

Energy	955 kJ
Energy	226 kcal
Fat	2,0 g
of this saturated fatty acids :	0,2 g
Carbohydrates	43 g
of this sugar	2,2 g
Roughage	4,5 g
Protein	7,3 g
Salt	1,39 g

Allergens

Grains containing gluten, Milk

traces possible

Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Vegetarian, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Rye-wheat baguette

Wheat-rye bread, frozen

Article number **1031057**

Weight per unit 430 g Units per carton 12

Net weight of the filling: 5160 g

Carton large box

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Gunskirchen
Österreich

Product description

Full-bodied flavour thanks to high rye flour content, well-balanced bread seasoning and top-quality sourdough, in practical baguette form



Preparation

Defrost for 120 minutes – cooking time: 10 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

RYE FLOUR (43%), water, WHEAT FLOUR, spices, salt, baker's yeast. May contain traces of SESAME, SOYA and NUTS.

Nutritional values per 100g

Energy	918 kJ
Energy	217 kcal
Fat	1,0 g
of this saturated fatty acids :	0,2 g
Carbohydrates	43 g
of this sugar	1,5 g
Roughage	4,3 g
Protein	6,5 g
Salt	1,25 g

Allergens

Grains containing gluten

traces possible

Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Italian country bread

Wheat bread, frozen

Article number **1030026**

Weight per unit 330 g Units per carton 10

Net weight of the filling: 3300 g

Carton large box

Product description

Delicious Mediterranean loaf made from top-quality wheat sourdough, baked in popular baguette form

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Günskirchen
Österreich



Preparation

Cooking time: 10 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, water, RYE FLOUR, salt, baker's yeast, MALTED WHEAT, acidifier acetic acid. May contain traces of SESAME, NUTS and SOYA.

Nutritional values per 100g

Energy	976 kJ
Energy	233 kcal
Fat	0,8 g
of this saturated fatty acids :	0,2 g
Carbohydrates	46 g
of this sugar	1,4 g
Roughage	2,5 g
Protein	8,7 g
Salt	1,47 g

Allergens

Grains containing gluten

traces possible

Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Sliced maxi bread

Wheat-rye bread, frozen

Article number **1030134**

Weight per unit 50 g Units per carton 64

Net weight of the filling: 3200 g

Carton

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description



Preparation

Defrost for 30 minutes at room temperature

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

RYE FLOUR (38%), water, WHEAT FLOUR, WHOLEMEAL RYE FLOUR (4%), salt, baker's yeast, BARLEY MALT, rapeseed oil, potato flakes, spices. May contain traces of NUTS, SESAME and SOYA.

Nutritional values per 100g

Energy	910 kJ
Energy	216 kcal
Fat	1,8 g
of this saturated fatty acids :	0,2 g
Carbohydrates	41 g
of this sugar	1,3 g
Roughage	4,7 g
Protein	6,3 g
Salt	1,60 g

Allergens

Grains containing gluten

traces possible

Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

84 Days

Property sheet

Lactose-free, Vegan, Vegetarian, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Potato Loaf

Potato Loaf, frozen

Article number **1030065**

Weight per unit 650 g Units per carton 6

Net weight of the filling: 3900 g

Carton large box

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Gunkskirchen
Österreich

Product description

Moist potato flour loaf with a thick crust and an "ear of corn" pattern for added visual appeal



Preparation

Defrost for 120 minutes - cooking time: 12 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, water, potato flakes (8%), RYE FLOUR, baker's yeast, salt, MALTED BARLEY FLOUR. May contain traces of SESAME, SOYA and NUTS.

Nutritional values per 100g

Energy	948 kJ
Energy	226 kcal
Fat	0,8 g
of this saturated fatty acids :	0,2 g
Carbohydrates	45 g
of this sugar	1,3 g
Roughage	3,2 g
Protein	7,8 g
Salt	1,36 g

Allergens

Grains containing gluten

traces possible

Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

84 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Garlic-Focaccia

Wheat bread with garlic, frozen

Article number **1031070**

Weight per unit 120 g Units per carton 30

Net weight of the filling: 3600 g

Carton

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

Italian speciality made from flour, water, salt, yeast and best olive oil and enriched with delicious garlic.



Preparation

Cooking Time: 7 min.

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, water, BUTTER, potato flakes, garlic (4%), salt, olive oil, baker's yeast, sugar. May contain traces of SESAME, SOYA, NUTS and EGGS.

Nutritional values per 100g

Energy	1.203 kJ
Energy	288 kcal
Fat	8,6 g
of this saturated fatty acids :	4,3 g
Carbohydrates	43 g
of this sugar	2,7 g
Roughage	2,5 g
Protein	8,1 g
Salt	2,37 g

Allergens

Grains containing gluten, Milk

traces possible

Eggs, Edible nuts, Sesame, Soy

Milk fat content: 6,3 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Vegetarian, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Multigrain baguette

Wheat-rye bread rolls, frozen

Article number **1031054**

Weight per unit 235 g Units per carton 12

Net weight of the filling: 2820 g

Carton large box

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Günskirchen
Österreich

Product description

The tasty multigrain baguette - made of special grain mixture, topped with poppy and sesame - provides pure pleasure to the taste buds. Fine aroma, intensive taste and great looks perfectly joined to meet highest demands!



Preparation

Cooking time: 8 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, water, sunflower seeds, toasted RYE FLOUR, toasted WHEAT FLOUR, blue poppy seeds, SESAME, baker's yeast, salt, RYE MEAL, WHOLEMEAL RYE FLOUR, WHEAT MEAL, WHEAT BRAN, SOYA BEAN MEAL, linseed, SOYA FLOUR, WHEAT GLUTENS, BRAISED MALTED WHEY GRAIN, spices, MALTED BARLEY FLOUR, RYE FLOUR, rapeseed oil, MALTED WHEAT FLOUR, sugar. May contain traces of NUTSand MILK.

Nutritional values per 100g

Energy	1.152 kJ
Energy	275 kcal
Fat	4,3 g
of this saturated fatty acids :	0,6 g
Carbohydrates	46 g
of this sugar	1,7 g
Roughage	5,0 g
Protein	11 g
Salt	1,40 g

Allergens

Grains containing gluten, Sesame, Soy

traces possible

Milk, Edible nuts

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

crusty bread

Wheat-rye bread, frozen

Article number **1030104**

Weight per unit 450 g Units per carton 9

Net weight of the filling: 4050 g

Carton large box

Product description

This crusty bread with a crispy crust and fluffy dough! Typical traditional bread-flavour with natural sourdough and well-balanced seasoning.

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Gunskirchen
Österreich



Preparation

Defrost for 120 minutes – cooking time: 15 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (RYE, WHEAT), water, salt, rapeseed oil, baker's yeast, bread spices.
May contain traces of SOYA, SESAME and NUTS.

Nutritional values per 100g

Energy	934 kJ
Energy	221 kcal
Fat	2,1 g
of this saturated fatty acids :	0,2 g
Carbohydrates	42 g
of this sugar	1,6 g
Roughage	4,8 g
Protein	6,7 g
Salt	1,32 g

Allergens

Grains containing gluten

traces possible

Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

Multigrain bread

Multigrain bread, frozen

Article number **1030130**

Weight per unit 470 g Units per carton 5

Net weight of the filling: 2350 g

Carton

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Gunkskirchen
Österreich

Product description

The multigrain bread is an ideal mixture of rye and wheat flour, carrots, pumpkin and sunflower seeds, millet, linseed and sesame. This moist bread classic is a true pleasure not only for health-conscious guests.



Preparation

Defrost for 120 minutes - cooking time: 12 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

water, RYE FLOUR, WHOLE WHEAT FLOUR, carrots, WHOLEMEAL RYE FLOUR, sunflower seeds (4%), pumpkin seeds (4%), linseed (3%), millet (3%), SESAME (2%), salt, baker's yeast, MALTED BARLEY FLOUR, WHEAT GLUTENS, WHEAT FLOUR, spices. May contain traces of NUTS and SOYA.

Nutritional values per 100g

Energy	986 kJ
Energy	234 kcal
Fat	7,6 g
of this saturated fatty acids :	1,0 g
Carbohydrates	31 g
of this sugar	1,4 g
Roughage	6,6 g
Protein	8,7 g
Salt	1,06 g

Allergens

Grains containing gluten, Sesame

traces possible

Edible nuts, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

High fibre content, Lactose-free,
Vegan, Vegetarian, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Mini crusty bread

Wheat-rye bread, frozen

Article number **1030121**

Weight per unit 280 g Units per carton 15

Net weight of the filling: 4200 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunskirchen

Österreich

Product description

The mini crusty bread will tempt you with its crispy crust and fluffy bread dough!
Characteristic original bread taste thanks to balanced bread seasoning.



Preparation

Defrost for 120 minutes - cooking time: 12 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (RYE (40%), WHEAT), water, salt, bread spices, rapeseed oil, baker's yeast. May contain traces of SOYA, SESAME and NUTS.

Nutritional values per 100g

Energy	935 kJ
Energy	221 kcal
Fat	2,3 g
of this saturated fatty acids :	0,2 g
Carbohydrates	41 g
of this sugar	1,6 g
Roughage	4,9 g
Protein	6,7 g
Salt	1,28 g

Allergens

Grains containing gluten

traces possible

Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Wholegrain rye bread

Wholemeal rye bread, frozen

Article number **1030109**

Weight per unit 500 g Units per carton 5

Net weight of the filling: 2500 g

Carton small box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunsirichen

Österreich

Product description

Moist all-rye loaf made with perennial rye, extra intense flavour thanks to the ancient rye content



Preparation

Cooking time: 15 minutes - leave to stand for 60 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

water, WHOLEMEAL RYE FLOUR, Wholegrain perennial rye bread (24%), RYE FLOUR, linseed, salt, baker's yeast, spices. May contain traces of SESAME, NUTS and SOYA.

Nutritional values per 100g

Energy	839 kJ
Energy	199 kcal
Fat	1,7 g
of this saturated fatty acids :	0,3 g
Carbohydrates	35 g
of this sugar	0,9 g
Roughage	9,3 g
Protein	6,2 g
Salt	1,37 g

% of the recommended daily dose

Magnesium:	-	-
Iron	-	-
Zinc	-	-
Phosphorus:	-	-
potassium	-	-

Beta-Glucan	-
Milk fat content	0,0 g

Allergens

Grains containing gluten

traces possible

Edible nuts, Sesame, Soy

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

General dietary recommendations

Diverse forms of nutrition, exercise and a healthy life style are all important factors for healthy living.

Property sheet

High fibre content, Lactose-free, Vegan, Vegetarian, Wholemeal, does not contain wheat, Palm oil free



— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Product information

Rustic rye bread

Rye Loaf, frozen

Article number **1030068**

Weight per unit 730 g Units per carton 4

Net weight of the filling: 2920 g

Carton small box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunskirchen

Österreich

Product description

Crunchy rye bread with a distinctive crust WHAT I CONTAIN MY BENEFITS Rye flour
Wheat-free



Preparation

Defrost for 120 minutes - cooking time: 12 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

RYE FLOUR, water, baker's yeast, salt, bread spices, rapeseed oil, BARLEY MALT. May contain traces of SESAME, NUTS and SOYA.

Nutritional values per 100g

Energy	918 kJ
Energy	217 kcal
Fat	1,9 g
of this saturated fatty acids :	0,2 g
Carbohydrates	42 g
of this sugar	1,4 g
Roughage	5,1 g
Protein	5,8 g
Salt	1,20 g

% of the recommended daily dose

Magnesium:	-	-
Iron	-	-
Zinc	-	-
Phosphorus:	-	-
potassium	-	-

Beta-Glucan	-
Milk fat content	0,0 g

Allergens

Grains containing gluten

traces possible

Edible nuts, Sesame, Soy

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

General dietary recommendations

Diverse forms of nutrition, exercise and a healthy life style are all important factors for healthy living.

Property sheet

Lactose-free, Vegan, Vegetarian, does not contain wheat, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Classic French bread duo

Bread assortment, frozen

Article number **1030118**

Units per carton **6**

Net weight of the filling: **3090 g**

Carton **small box**

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Gunkskirchen
Österreich

Product description

Classic flavour in the popular long loaf shape: a combination of aromatic crusty bread and moist potato loaf. Versatile and ideal for buffets or to accompany place settings.



Preparation

Defrost for 120 minutes - cooking time: 12 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

Crusty bread (RYE FLOUR, water, WHEAT FLOUR, salt, rapeseed oil, baker's yeast, spices, MALTED BARLEY FLOUR. May contain traces of SOYA, MILK, EGGS, SESAME and NUTS.), Potato Loaf (WHEAT FLOUR, water, potato flakes (7%), RYE FLOUR, baker's yeast, salt, MALTED BARLEY FLOUR. May contain traces of MILK, EGGS, SOYA, SESAME and NUTS.)

Nutritional values per 100g

Energy	924 kJ
Energy	219 kcal
Fat	1,4 g
of this saturated fatty acids :	0,2 g
Carbohydrates	43 g
of this sugar	1,4 g
Roughage	3,9 g
Protein	7,0 g
Salt	1,31 g

Allergens

Grains containing gluten

traces possible

Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Baguette-shaped loaf duo grains/berries

Bread assortment, frozen

Article number **1030116**

Units per carton **6**

Net weight of the filling: **4950 g**

Carton **small box**

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Gunkskirchen
Österreich

Product description

Ideal for a buffet or a set menu: wholemeal rye bread with seeds and rye-wheat bread with almonds and cranberries



Preparation

Defrost for 120 minutes - cooking time: 12 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

Wholemeal rye bread
with seeds (water, WHOLEMEAL RYE FLOUR, Wholegrain perennial rye bread, sunflower seeds (13%), pumpkin seeds (6%), linseed (6%), RYE FLOUR, salt, baker's yeast, spices. May contain traces of MILK, EGGS, SESAME, NUTS and SOYA.), Rye-wheat bread
with ALMONDS and cranberries (RYE FLOUR (28%), water, ALMONDS (16%), WHEAT FLOUR, cranberries (10%), sugar, baker's yeast, salt. May contain traces of MILK, EGGS, SOYA and SESAME.)

Nutritional values per 100g

Energy	1.221 kJ
Energy	291 kcal
Fat	12 g
of this saturated fatty acids :	1,2 g
Carbohydrates	34 g
of this sugar	6,7 g
Roughage	8,0 g
Protein	9,9 g
Salt	0,91 g

Allergens

Grains containing gluten, Edible nuts

traces possible

Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

High fibre content, Lactose-free,
Vegan, Vegetarian, Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Urfahrner bread

Wheat-rye bread, frozen

Article number **1030017**

Weight per unit 750 g Units per carton 8

Net weight of the filling: 6000 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunskirchen

Österreich

Product description

This bread gets its typical, hearty taste from the natural sourdough content. Versatile options of use are guaranteed!



Preparation

Defrost for 180 minutes - cooking time: 15 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

flour (RYE, WHEAT), water, salt, baker's yeast, spices, BARLEY MALT. May contain traces of SESAME and SOYA.

Nutritional values per 100g

Energy	862 kJ
Energy	204 kcal
Fat	0,9 g
of this saturated fatty acids :	0,1 g
Carbohydrates	40 g
of this sugar	1,3 g
Roughage	4,5 g
Protein	6,2 g
Salt	1,55 g

Allergens

Grains containing gluten

traces possible

Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Rustic walnut baguette

Wheat bread roll, frozen

Article number **1031026**

Weight per unit 220 g Units per carton 12

Net weight of the filling: 2640 g

Carton large box

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Günskirchen
Österreich

Product description

The aromatic walnut baguette provides purest pleasure and celebrates the tried and tested combination of the three life elixirs bread, cheese and wine. This way you can pamper your guests in a unique way with perfect combinations. lactose-free



Preparation

Cooking time: 8 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, water, WALNUTS (11%), salt, MALTED WHEAT FLOUR, BARLEY MALT, baker's yeast, RYE FLOUR, rapeseed oil, sugar. May contain traces of SOYA, MILK and SESAME.

Nutritional values per 100g

Energy	1.283 kJ
Energy	307 kcal
Fat	8,7 g
of this saturated fatty acids :	1,1 g
Carbohydrates	47 g
of this sugar	2,3 g
Roughage	3,3 g
Protein	10 g
Salt	1,18 g

Allergens

Grains containing gluten, Edible nuts

traces possible

Milk, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian,
Palm oil free



Product information

— SEIT 1924 —

RESCH & FRISCH

AM LIEBSTEN IMMER

Rustic wheat baguette

Wheat bread roll, frozen

Article number **1031027**

Weight per unit 200 g Units per carton 12

Net weight of the filling: 2400 g

Carton large box

Resch&Frisch Holding GmbH

Heidestraße 19

A-4623 Gunkskirchen

Österreich

Product description

High quality natural raw materials serve as the foundation for best taste and good looks! Convince your guests with the strong crust, the airy dough and the irresistible pleasure of our rustic baguette variations! lactose-free



Preparation

Cooking time: 8 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

WHEAT FLOUR, water, salt, MALTED WHEAT FLOUR, baker's yeast, RYE FLOUR, MALTED BARLEY FLOUR, rapeseed oil, sugar. May contain traces of SOYA, NUTS, MILK and SESAME.

Nutritional values per 100g

Energy	1.094 kJ
Energy	261 kcal
Fat	1,0 g
of this saturated fatty acids :	0,3 g
Carbohydrates	51 g
of this sugar	1,7 g
Roughage	2,8 g
Protein	9,7 g
Salt	1,30 g

Allergens

Grains containing gluten

traces possible

Milk, Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

98 Days

Property sheet

Lactose-free, Vegan, Vegetarian, Palm oil free