



Product information

Gluten free bread roll mix

Gluten free baking mix, frozen

Article number **1070124** **PLU-Code: 758**

Units per carton 12

Net weight of the filling: 900 g

Carton mini box

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Gunskirchen
Österreich



AT-004-021



Product description

Multi-grain selection consisting of rustic pumpkin seed roll and mixed-seed roll with linseed, sesame seeds and sunflower seeds

Preparation

Baking time without steaming: 8 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

gluten-free WHEAT STARCH, water, pumpkin seeds, SOYA FLOUR, buckwheat flour, linseed, baker's yeast, rice flour, quinoa, sunflower seeds, buckwheat, SESAME, rapeseed oil, linseed flour defatted, salt, psyllium seed husk, thickener (hydroxypropylmethylcellulose, guar gum), sugar, pumpkin oil, apple extract. May contain traces of MILK .

Nutritional values per 100g

Energy	1.179 kJ
Energy	281 kcal
Fat	8,7 g
of this saturated fatty acids :	1,4 g
Carbohydrates	42 g
of this sugar	1,1 g
Roughage	4,3 g
Protein	6,9 g
Salt	1,11 g

Allergens

Sesame, Soy

traces possible

Milk

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

182 Days

Property sheet

Gluten-free, Lactose-free, Vegan,
Vegetarian, Palm oil free

"The products can be subject to recipe changes.



Product information

Gluten free bread mix, cut

Gluten-free bakery products, frozen

Article number **1070127**

Weight per unit 35 g Units per carton 16

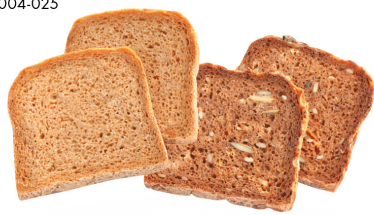
Net weight of the filling: 1120 g

Carton mini box

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Gunskirchen
Österreich



AT-004-025



Product description

Two varieties of bread in one pack: spiced bread with a tasty crust, and fitness bread with linseed, carrots, sunflower seeds and pumpkin seeds

Preparation

Foil baking time without humidifying: 5 min., Finishing baking: 5 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

Gluten free fitness bread (gluten-free WHEAT STARCH, water, sunflower seeds, pumpkin seeds, SOYA FLOUR, carrots, baker's yeast, linseed, salt, dried gluten-free rice sourdough, psyllium seed husk, rice flour, apple extract, pre-gelatinised rice flour, SESAME, caramelised sugar syrup, thickener hydroxypropylmethylcellulose, spices. May contain traces of MILK ..), Gluten free gingerbread (gluten-free WHEAT STARCH, water, SOYA FLOUR, baker's yeast, dried gluten-free rice sourdough, psyllium seed husk, salt, sugar, caramelised sugar syrup, spices, pre-gelatinised rice flour, thickener hydroxypropylmethylcellulose. May contain traces of SESAME and MILK ..)

Nutritional values per 100g

Energy	1.065 kJ
Energy	253 kcal
Fat	5,7 g
of this saturated fatty acids :	1,0 g
Carbohydrates	44 g
of this sugar	1,7 g
Roughage	3,4 g
Protein	5,1 g
Salt	1,48 g

Allergens

Sesame, Soy

traces possible

Milk

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

182 Days

Property sheet

Gluten-free, Lactose-free, Vegan, Vegetarian, Palm oil free

"The products can be subject to recipe changes.



Product information

Glutenfree Kaiser bun

Gluten free bread, frozen

Article number **1070129**

Weight per unit 60 g Units per carton 11

Net weight of the filling: 660 g

Carton mini box

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Gunskirchen
Österreich



AT-004-020

Product description

The classic Austrian bread roll, now also available gluten-free, just as light and fluffy as the original version



Preparation

Foil baking time without humidifying: 8 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

gluten-free WHEAT STARCH, water, SOYA FLOUR, rice flour, baker's yeast, salt, psyllium seed husk, rapeseed oil, lactose-free SKIMMED MILK POWDER, thickener: hydroxypropylmethylcellulose, sugar. May contain traces of SESAME ..

Nutritional values per 100g

Energy	1.020 kJ
Energy	241 kcal
Fat	2,7 g
of this saturated fatty acids :	0,6 g
Carbohydrates	49 g
of this sugar	1,6 g
Roughage	3,2 g
Protein	3,5 g
Salt	1,32 g

Allergens

Milk, Soy

traces possible

Sesame

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

182 Days

Property sheet

Gluten-free, Lactose-free,
Vegetarian, Palm oil free

"The products can be subject to recipe changes.



Product information

Gluten-free baking mix

Gluten free baking mix, frozen

Article number **1070167** **PLU-Code: 757**

Units per carton **9**

Net weight of the filling: **620 g**

Carton **mini box**

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Gunskirchen
Österreich



AT-004-028



Product description

Boredom is a thing of the past in the bread basket and at the breakfast buffet with this gluten-free cake and pastry mix. Buns and seedy bread rolls as well as the tasty Pomeranian pumpkin seed rolls and a variety of bread provide for change in a gluten-free and well-balanced diet. gluten-free lactose-free

Preparation

Baking time in the foil without steaming: Pastries 8 mins., Bread 5 mins. (leave to stand for 5 mins)

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

gluten-free WHEAT STARCH, water, SOYA FLOUR, pumpkin seeds, sunflower seeds, baker's yeast, rice flour, linseed, buckwheat flour, salt, carrots, psyllium seed husk, quinoa, rapeseed oil, buckwheat, SESAME, thickener (hydroxypropylmethylcellulose, guar gum), linseed flour defatted, sugar, apple extract, dried gluten-free rice sourdough, lactose-free SKIMMED MILK POWDER, pumpkin oil, pre-gelatinised rice flour, caramelised sugar syrup, spices.

Nutritional values per 100g

Energy	1.132 kJ
Energy	269 kcal
Fat	7,2 g
of this saturated fatty acids :	1,2 g
Carbohydrates	44 g
of this sugar	1,2 g
Roughage	3,5 g
Protein	5,9 g
Salt	1,24 g

Allergens

Milk, Sesame, Soy

traces possible

contains no

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

182 Days

Property sheet

Gluten-free, Lactose-free,
Vegetarian, Palm oil free

"The products can be subject to recipe changes.



Product information

Gluten-free cruller

Gluten-free cruller, frozen

Article number **1070171**

Weight per unit 120 g Units per carton 8

Net weight of the filling: 880 g

Carton mini box

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Gunskirchen
Österreich



AT-004-034

Product description

Fluffy doughnut filled with sweet apricot jam, for gluten-free enjoyment all year round



Preparation

Baking time in the foil without steaming: 15 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

gluten-free WHEAT STARCH, water, apricot fruit filling (14%) (apricots, glucose-fructose syrup, sugar, gelling agent pectin, acidifier citric acid, rum essence), sugar, SOYA FLOUR, vegetable oil (sunflower), vegetable fat whole concentrated (sunflower), EGG YOLK (3%), baker's yeast, rice flour, thickener hydroxypropylmethylcellulose, psyllium seed husk, salt, coconut fat, lactose-free SKIMMED MILK POWDER, baking agent (calcium phosphate, Sodium carbonate), flavour. May contain traces of SESAME ..

Nutritional values per 100g

Energy	1.133 kJ
Energy	280 kcal
Fat	10 g
of this saturated fatty acids :	5,0 g
Carbohydrates	43 g
of this sugar	12 g
Roughage	2,7 g
Protein	3,0 g
Salt	0,96 g

Allergens

Milk, Eggs, Soy

traces possible

Sesame

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

119 Days

Property sheet

Gluten-free, Lactose-free,
Vegetarian, Palm oil free

"The products can be subject to recipe changes.



Product information

Gluten-free muffin mix

Gluten-free, ready-made dough pastry, frozen

Article number **1070204**

Weight per unit 90 g Units per carton 16

Net weight of the filling: 1440 g

Carton small box

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Gunskirchen
Österreich



AT-004-059



Product description

Two varieties of moist cake in one pack: chocolate and traditional light mixture – a sweet, gluten-free combination

Preparation

Defrost for 60 minutes – cooking time: 6 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

EGGS, rapeseed oil, sugar, starch (Potato, corn), chocolate (4%) (cocoa mass, sugar, emulsifier: SOYA LECITHIN, vanilla flavouring), modified starch, cocoa powder, cornflour, EGG-WHITE POWDER, emulsifier: mono- and diglycerides traces of fatty acids, baking agent (diphosphate, sodium hydrogen carbonate), salt, flavour, thickener (carboxymethyl cellulose, guar gum, xanthan gum). May contain traces of MILK and SESAME .

Nutritional values per 100g

Energy	1.974 kJ
Energy	473 kcal
Fat	29 g
of this saturated fatty acids :	4,7 g
Carbohydrates	48 g
of this sugar	25 g
Roughage	1,6 g
Protein	4,3 g
Salt	1,14 g

Allergens

Eggs, Soy

traces possible

Milk, Sesame

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

182 Days

Property sheet

Gluten-free, Lactose-free,
Vegetarian, does not contain
wheat, Palm oil free

"The products can be subject to recipe changes.



Product information

Gluten-free tea biscuits

Assorted gluten-free biscuits, frozen

Article number **1070226** PLU-Code: **732**

Weight per unit	480 g	Units per tray	34
Net weight of the filling:	480 g	Gramm je EH:	2880 g
Carton	small box		

Resch&Frisch Holding GmbH
 Heidestraße 19
 A-4623 Gunskirchen
 Österreich



OATS-004-068



Product description

A delicious selection of hand-crafted Linzer jam-filled biscuits, light and dark Linzer crescent-shaped biscuits, hazelnut rounds and wholemeal oat biscuits

Preparation

Defrost for 30 minutes at room temperature.

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

gluten-free WHEAT STARCH, vegetable fats and oils (palm, rape seed, sunflower, sal in variable proportions), sugar, apricot filling (apricots, humectants sorbitol, sugar, glucose-fructose syrup, modified starch, gelling agent pectin, acidifier citric acid, acidity regulator sodium citrate, flavour, preservatives potassium sorbate, stabiliser calcium citrate), with cocoa icing (sugar, palm oil whole concentrated, cocoa powder, low fat, palm oil, emulsifier SOYA LECITHIN), gluten free WHOLE OAT FLOUR, SOYA FLOUR, EGGS, Red currant fruit filling (sugar, red redcurrant, humectants sorbitol, gelling agent pectin, acidifier citric acid, acidity regulator sodium citrate, stabiliser calcium citrate, preservatives potassium sorbate, flavour), water, chocolate (cocoa mass, sugar, emulsifier SOYA LECITHIN, natural vanilla flavouring), ALMONDS, NUT FILLING (sugar, palm oil, HAZELNUTS, cocoa powder strong defatted, vanille powder), EGG YOLK, HAZELNUTS, cocoa powder, desiccated coconut, salt, Lemon juice concentrate, starch, dextrose, flavour. May contain traces of MILK and SESAME ..

Nutritional values per 100g

Energy	2.038 kJ
Energy	487 kcal
Fat	27 g
of this saturated fatty acids :	13 g
Carbohydrates	56 g
of this sugar	28 g
Roughage	2,8 g
Protein	5,1 g
Salt	0,15 g

Allergens

Eggs, Edible nuts, Soy

traces possible

Milk, Sesame

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

Preservatives

Minimum durability at -18°

364 Days

Property sheet

Gluten-free, Lactose-free, Vegetarian

"The products can be subject to recipe changes.



Product information

Gluten free cake duo

Gluten free, sweet baking mix, frozen

Article number **1070236**

Weight per unit 100 g Units per carton 12

Net weight of the filling: 1200 g

Carton mini box

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Gunskirchen
Österreich



AT-004-072

Product description

Tempting duo of Linzer slices and chocolate & cherry slices – the gluten-free hit at the cake buffet



Preparation

Baking time in the foil without steaming: 15 minutes

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

Gluten free Linz cake (Red currant fruit filling (16%) (sugar, red currant (7%), humectants sorbitol, gelling agent pectin, acidifier citric acid, acidity regulator sodium citrate, stabiliser calcium citrate, flavour), EGGS, rapeseed oil, sugar, HAZELNUTS (12%), starch (Potato, corn), water, ALMONDS (2%), modified starch, cornflour, EGG-WHITE POWDER, baking agent (diphosphate, sodium hydrogen carbonate), cinnamon, emulsifier: mono- and diglycerides traces of fatty acids, thickener (carboxymethyl cellulose, guar gum, xanthan gum), flavour, salt. May contain traces of SOYA, SESAME and MILK .), Gluten free chocolate cherry cake (Sour cherry fruit filling (28%) (sour cherries (19%), sugar, modified starch, acidifier citric acid, natural flavour), EGGS, rapeseed oil, sugar, starch (Potato, corn), water, cocoa powder (2%), modified starch, cornflour, EGG-WHITE POWDER, baking agent (diphosphate, sodium hydrogen carbonate), emulsifier mono- and diglycerides traces of fatty acids, thickener (carboxymethyl cellulose, guar gum, xanthan gum), salt, flavour. May contain traces of SOYA, SESAME, NUTS and MILK .)

Nutritional values per 100g

Energy	1.683 kJ
Energy	403 kcal
Fat	24 g
of this saturated fatty acids :	3,0 g
Carbohydrates	43 g
of this sugar	26 g
Roughage	1,9 g
Protein	4,2 g
Salt	0,80 g

Allergens

Eggs, Edible nuts

traces possible

Milk, Sesame, Soy

Milk fat content 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

119 Days

Property sheet

Gluten-free, Lactose-free,
Vegetarian, does not contain
wheat, Palm oil free

"The products can be subject to recipe changes.



Product information

Gluten free snack bread roll

Gluten-free pastries, frozen

Article number **1070282**

Weight per unit 70 g Units per carton 11

Net weight of the filling: 770 g

Carton

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Günskirchen
Österreich



AT-004-077

Product description

Gluten-free breadrolls – uniquely tasty! The gluten free snack bread roll: a rustic, savoury roll, ideal with sausage and cheese!



Preparation

Baking time in the foil without steaming: 8 min (leave to stand for 5 min)

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

gluten-free WHEAT STARCH, water, salt, linseed flour defatted, linseed, rice flour, baker's yeast, rapeseed oil, SOYA BEAN MEAL, rice sourdough gluten-free dried, SOYA FLOUR, buckwheat flour, spices, psyllium seed husk, thickener (hydroxypropylmethylcellulose, guar gum), apple extract, sugar, caramelised sugar syrup. May contain traces of SESAME and MILK .

Nutritional values per 100g

Energy	982 kJ
Energy	233 kcal
Fat	4,4 g
of this saturated fatty acids :	0,5 g
Carbohydrates	42 g
of this sugar	1,1 g
Roughage	5,1 g
Protein	4,3 g
Salt	3,41 g

Allergens

Soy

traces possible

Milk, Sesame

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

84 Days

Property sheet

Gluten-free, Lactose-free, Vegan,
Vegetarian, Palm oil free

"The products can be subject to recipe changes.



Product information

Gluten-free croissant

Gluten-free puff pastry, frozen

Article number **1070294**

Weight per unit 50 g Units per carton 12

Net weight of the filling: 600 g

Carton

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Gunskirchen
Österreich



AT-004-083

Product description

The French classic is now also available gluten-free



Preparation

Final baking time in the foil without steam injection: 7 min (carry-over time: 5 min)

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

gluten-free WHEAT STARCH, water, palm oil, EGG WHITE, starch, sugar, rice flour, EGGS, lactose-free SKIMMED MILK POWDER, rapeseed oil, baker's yeast, thickener hydroxypropylmethylcellulose, plant fibre, psyllium seed husk, salt, acidifier citric acid, flavour. May contain traces of SOYA, NUTS and SESAME .

Nutritional values per 100g

Energy	1.343 kJ
Energy	320 kcal
Fat	12 g
of this saturated fatty acids :	6,1 g
Carbohydrates	49 g
of this sugar	6,8 g
Roughage	3,4 g
Protein	3,0 g
Salt	0,59 g

Allergens

Milk, Eggs

traces possible

Edible nuts, Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

119 Days

Property sheet

Gluten-free, Lactose-free,
Vegetarian

"The products can be subject to recipe changes.



Product information

Gluten-free Danish pastry assortment

Gluten-free puff pastry, frozen

Article number **1070295**

Weight per unit 85 g Units per carton 10

Net weight of the filling: 850 g

Carton

Resch&Frisch Holding GmbH
Heidestraße 19
A-4623 Gunskirchen
Österreich



AT-004-084



Product description

Delicate pastry selection with fruity strawberry Danish and sweet cinnamon roll

Preparation

Final baking time in the foil without steam injection: 9 min (carry-over time: 5 min)

Instructions for storage and use

To be stored and transported at min. -18°C. Once thawed, do not refreeze.

Ingredients

(Strawberry fruit Danish pastry (21% strawberry filling), Cinnamon roll (1% cinnamon)) gluten-free WHEAT STARCH, fruit filling strawberry (strawberries, sugar, water, colouring food (blackcurrant, carrot), modified starch, acidifier citric acid, flavour), water, vegetable fats and oils (palm, coconut, rape seed, sunflower in variable proportions), sugar, EGG WHITE, starch, EGGS, rice flour, lactose-free SKIMMED MILK POWDER, baker's yeast, ALMONDS, thickener hydroxypropylmethylcellulose, plant fibre, psyllium seed husk, cinnamon, vegetable fat whole concentrated (coconut), salt, Lemon juice concentrate, acidifier citric acid, flavour. May contain traces of SOYA and SESAME .

Nutritional values per 100g

Energy	1.309 kJ
Energy	312 kcal
Fat	12 g
of this saturated fatty acids :	6,0 g
Carbohydrates	47 g
of this sugar	13 g
Roughage	3,0 g
Protein	3,0 g
Salt	0,48 g

Allergens

Milk, Eggs, Edible nuts

traces possible

Sesame, Soy

Milk fat content: 0,0 g

Additives subject to declaration (according to ZZuIV)

contains no

Minimum durability at -18°

119 Days

Property sheet

Gluten-free, Lactose-free,
Vegetarian

"The products can be subject to recipe changes.